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# Reveal



Khloé Kardashian



Gemma Collins



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GIBSON  
LOVE  
SPLIT**

**'I LOST 6ST -  
BUT MY FIANCE'  
DIDN'T FIND ME  
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## WE'RE NOT OVER OUR BAD BOY EXES!



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**Jordan:  
'I want  
to end my  
war with  
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## BROOKE'S OUR NEW BLOGGER!

Coronation Street star *Brooke Vincent* (who plays *Sophie Webster*) is our brilliant new blogger at **reveal.co.uk** Every week, she'll be telling us what she's up to, what she's wearing, what beauty trends she's loving and what she thinks of the latest celebrity news. She'll also be choosing her readers' favourite outfit each week – so you could feature in her next blog!

Photos Getty Images

# TOWIE MARBS SPECIAL p44





# KATIE'S 'AC *toward*

**Katie Price is ending her feud with ex-husband Peter Andre as she:**

- Allows him to contact her directly to arrange seeing the children
- Agrees Princess and Junior can play a major role in his wedding to medical graduate Emily MacDonagh
- Goes on a 'journey of positivity' to overcome husband Kieran's cheating

**K**atie Price had a nightmare 2014 and she's adamant this year will be different.

While she faced the trauma that her new husband Kieran Hayler cheated on her with her two best friends, Katie's using their ordeal to embark on a 'journey of positivity' – which also includes making peace with her ex-husband, Peter Andre.

After a six-year feud, Katie's had enough of the bad blood between herself and Pete and is taking dramatic steps to thaw things out.

Rather oddly, it's new husband Kieran who's been the driving force in healing their rift.

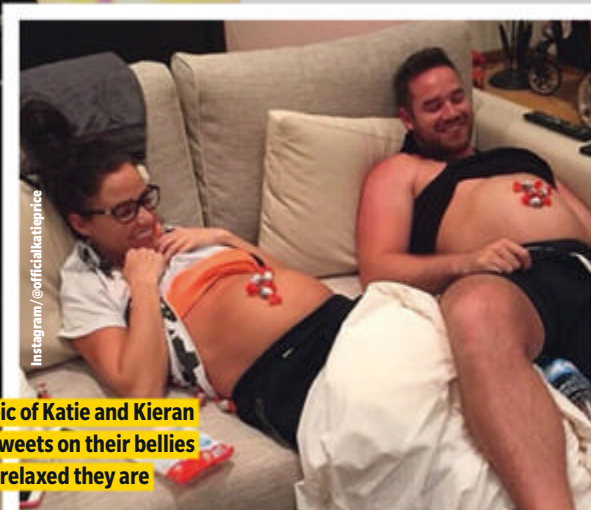
'Kieran's been the major influence behind this,' says a source. 'He and Katie are on a real journey of positivity where they're both trying to remove the negative energy from their lives. It's all part of a moving-forward pledge they've made to put their marriage troubles behind them.'

'Kieran can see how much Katie's dragged down by the constant war with Pete and how complicated the whole set-up is.'

'She hasn't even been able to organise Pete's visits with the kids without going through a third party.'

It's been nearly a year since Katie, 36, discovered Kieran, 28, cheated on her with Jane Pountney and Chrissy Thomas. She threatened divorce but eventually stood by him after he promised to attend sex addiction therapy.

Katie went to see a counsellor, too, admitting to fellow contestant Cami Li in the *Celebrity Big Brother*



**This jokey pic of Katie and Kieran balancing sweets on their bellies shows how relaxed they are**

Instagram / @officialkatieprice



# ACTS OF PEACE' *ds Peter*

house: 'I had a nervous breakdown after catching Kieran, I had to see a therapist.'

While many were sceptical that their marriage would work after that, it seems their joint efforts have paid off and they're now in a happier place.

Last week, Katie tweeted a picture of herself and Kieran pushing out their tummies, jokingly captioned: 'Check out our summer bodies.'

Fans were quick to point out how relaxed Katie seemed.

One said: 'I really think she looks the happiest and most content we've seen her. She could finally have settled and accepted her life the way it is.'

Another said: 'Despite what Kieran's done, they really seem happy now.'

## LETTING GO OF THE PAST

Maybe it's because of this newfound contentment that Katie's desperate to call a truce with Peter.

Another *CBB* housemate, rent-a-gob columnist Katie Hopkins, revealed how the mum-of-five had told her she wanted to improve the situation with her ex.

Hopkins, 40, added: 'She said they only speak through lawyers – which is pretty bonkers, considering the kids see him every week – and she'd like to get to the point where they can speak themselves. She doesn't even have Pete's mobile number.'

Step number one in smoothing things over with Aussie star Peter is allowing their kids – Junior, nine, and Princess, seven – to play a big part in his wedding to medical graduate Emily MacDonagh, 25.

Despite initially wanting to trump Peter's wedding plans with her own vow renewal, which took place in Sussex in February, Katie's now feeling more relaxed, and won't stand in the way of Peter's plans for the kids on his wedding day.

'Katie knows how big a deal it is for Pete to be tying the knot again and how much he wants Princess and Junior to play a massive role in it,' says the source.

'There was always a lot of tension around the subject of the children being heavily involved in the big day, because Pete's been vocal about how he thinks Katie over-publicises them.'

A fortnight ago, Katie seemed upset that Peter and Princess appeared on ITV show *Big Star's Little Star* without her knowledge.

When a fan tweeted her about how cute Princess is, Katie responded: 'She is gorgeous but unfortunately I wasn't aware

she did the show and wasn't asked if I was OK with it and never saw it!'

Despite being disgruntled, Katie won't be bearing a grudge.

Says a source: 'She'll cooperate in Pete and Emily's plans for the kids 100 per cent.'

'She's also making it known to Pete that he can organise seeing the kids by calling the house directly, instead of going through the nanny.'

## THE KIDS COME FIRST

For the past few years, Katie and Peter's communication has been through a third party.

In December, Katie explained: 'I talk to Emily and Kieran speaks to Pete. I like Emily and Kieran gets on with Pete. We make it work.'

But now she's hoping they can finally be civilised enough to talk to each other.

'Kieran knows it's going to be difficult for Katie at first, but he can make it easier by taking the calls until she gets more used to the idea.'

'She's really hoping that these small gestures might be the first steps to a much better atmosphere between the two families.'

The exes are due to be involved in a battle at the High Court in London next month.

This follows Katie's decision to sue Peter, 42, and her former manager Claire Powell, who still represents Peter, for 'misusing private information' and leaking stories about her – which Peter and Claire both strongly deny.

But apart from their court showdown, Katie hopes they can have a more amicable relationship in the future.

Our source says: 'Katie doesn't want this war with Pete to drag on forever, so she's making the first big move. It's in Pete's hands now.'

**Rebecca Greenow**



**Peter wants kids Junior and Princess (below, with his fiancée Emily) to play a big part in his wedding day**





# 'I DON'T WANT BIG BOOBS EVER, EVER AGAIN'

After 18 years spent trying to perfect her boobs with bigger and better implants, Katie Price says she's content with her new natural-looking 32B chest

For two decades she's been the queen of supersize breasts, but after her shock decision in January to remove her FF implants, Katie Price insists she doesn't miss her big boobs.

Speaking on Australian breakfast TV last week, Katie, 36, said: 'I do not want big boobs ever, ever again. I love having no boobs, I love being more natural and small.'

'I feel happier with my figure now. I didn't think I would, as I've had big boobs for so long,' she added.

'I feel a lot more confident without my implants. I've grown up a lot and I'm in a different place now than I was 10 years ago.'

Ex-glamour model Katie was just 18 when she made her debut on *The Sun* newspaper's notorious Page 3, under the name Jordan.

Just a year later, Katie had her first boob job, going from a 32B to a 32D, after she felt she wasn't 'womanly' enough compared to the competition at the time.

Still not content with her chest, Katie went up to a 32DD at age 20, before going to a G cup the next year, then up to a massive 32GG in 2004 – her biggest size to date.

It wasn't until 2007, that Katie decided to have her first reduction, taking her down to a 32FF. But while she was happy to have smaller breasts again, she was unsatisfied, as she complained that they looked too far apart from one another.

Despite all the changes she'd made to her body, it was in 2014 where Katie's real problems began, when her seventh boob job didn't go well.

The operation left her with painful, infected implants shortly before she was due to enter the *Celebrity Big Brother* house.

But ignoring doctor's orders to recover at home, determined Katie went ahead with the show, despite

having a gaping wound in her chest and warnings that her body may be rejecting the implants.

In pain, Katie couldn't move an arm properly and was at risk of blood poisoning. Once in the house, she even revealed that the skin on her chest was 'paper-thin' and that if she pushed any delicate areas she could 'pierce her finger right through'.

This led to her undergoing emergency surgery in Belgium after winning *CBB*, an operation that took her down to a 32B.

Despite the struggle Katie faced with her implants, the now recovered mum-of-five says she's happy with the results of her 'flat chest', as is hubby Kieran Hayler.

'I've never had so many compliments. People look at my eyes now. For years people said I'm about boobs but now people say I look better without them,' said Katie.

'Kieran doesn't mind what size they are. I haven't ever had surgery for a man, it's been for me. He loves me regardless of the size of my chest.'

And though she's been left unsatisfied by her surgery before, Katie insists that she won't be going back to her old ways.

*Katherine Parkes*



Katie Price with a more natural look in 1995



She shows off her 32GG assets at her birthday party in 2005



Pictured before her breast reduction in 2014





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# Can't forget the BAD BOY EXES

Despite reports of drugs, violent behaviour and infidelity, Gemma Collins and Khloé Kardashian are still drawn to their no-good former lovers

## GEMMA CONSIDERING KIDS WITH HER CRIMINAL EX

**I**t's no secret that Gemma Collins longs to find the love of her life, settle down and start a family. Since turning 34 in February, the single *TOWIE* star seems to be in a rush to have children.

She even said she's considering taking back her convict ex-boyfriend, despite claiming he assaulted her in November. Alex Moss, 35, was jailed in 2012 for conspiracy to supply cocaine, released in August last year, then jailed again for breaching parole conditions.

During his release, allegations emerged that he'd assaulted Gemma at her home in Brentwood, Essex. The investigation has since been dropped.

Despite warnings from friends and family that he's no good for her, Gemma admits she's tempted to marry Alex and have a family with him.

'I know what he's like. I do want to marry him and have a baby,' she said recently. 'Everyone's going to hate me for it, but at the end of the day I know I love him.'

She's since wavered over the decision and, in an episode of *TOWIE*, told best friends Bobby Norris and Ferne McCann she'd had second thoughts. But she added, 'I seriously have to get pregnant and have a baby and I'm running out of time.'

Bobby, 28, tells us Gemma has yet to make up her mind.

'It's very hard to keep up with Gemma, she chops and changes,' he says. 'All I've been able to do the last few weeks is give her my advice.'

'I just want her to be happy, and she should be with whoever helps her find that happiness.'

But Bobby says Gemma needs to relax about having children – and shouldn't start her family with her ex out of panic.

'She's very much, "I'm 34, I want children and I want a husband", which we all do. But I think, in her head, she thinks she's 73. I just want her to realise she's not that old. She can still have children at 34,' adds Bobby.

'I want her to make sure that when she does have children, it's with the right man. I don't want her to jump the gun for the sake of having them. People do have careers first now and loads of women have children in their late thirties and forties. It's more common than people having them at 22 these days.'

In her autobiography, *Basically... My Life As A Real Essex Girl*, Gemma wrote, 'I still harbour that one big dream... to make someone a loving wife. I still dream about sitting down to Sunday dinners with my hubby and two beautiful children.'

Co-star Lauren Pope, 32, says she can understand Gemma's anxiety about her future. 'It is harder to find love in your thirties, because at our age we're looking for husband material,' she says.

'I think 34 is the age where you do start to panic about having children. You think about your body clock more. I have a lot of friends who are 34 and it's starting to play on their minds.'

At 34, Gemma feels her time for settling down and having kids is running out

Despite warnings from loved ones, she's thinking of taking back her ex Alex



ir

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## KHLOÉ 'I STILL WISH LAMAR WAS MY HUSBAND'

The world watched sixteen months ago as Khloé Kardashian's seemingly perfect marriage to former NBA player Lamar Odom fell apart on *Keeping Up With The Kardashians*.

Following a tearful conversation with elder sister Kim, Khloé, 30, broke down and admitted to finally filing the official divorce papers in December 2013. It followed months of infidelity rumours and drug and alcohol abuse on the part of Lamar.

Although reports suggest the feisty reality TV star is now hell-bent on finalising the drawn-out legal process that Lamar, 35, has so far resisted, recent revelations suggest Khloé's resolve might be wavering.

At a Beverly Hills beauty event last week, she confessed: 'I will never not love Lamar. I was so obsessed with him, in a healthy way. He was my husband and I still wish he was. I don't think there's anything wrong with that.'

The latest episode of *KUWTK* also shows an upset Khloé trying to contact Lamar to wish him a happy birthday, only to find his mobile number has been disconnected. She reveals she hasn't been able to get hold of him for months.

The show documents heartbroken Khloé's shocking revelations prior to their split. They ranged from couples' therapy sessions that Lamar failed to turn up for, to the news that the ex-LA Lakers player was struggling with substance abuse after being charged with driving under the influence in August 2013.

Khloé later revealed that Lamar had also been 'f\*\*\*ing another woman' while wearing his wedding ring, suggesting he had been unfaithful during their four-year marriage, although he continued to wear the gold band after their split.

But Khloé, who still has Lamar's initials tattooed on her right hand and is still going by her married name, as she showed on Instagram last week in an official

document (before taking it down), could still be hoping for a miracle.

'Lamar has to do things in order to change in that aspect but, yeah, if I had my way I'd be married to Lamar in two seconds,' she said recently.

Khloé appeared to have moved on, dating rapper French Montana, 30, after being spotted canoodling with him on the set of his music video last March.

And, although French has now appeared in the family TV show on several occasions, Khloé reasons that she likes to stay friends with all of her exes.

'I don't like to cut people out of my life. I like to keep my relationships intact,' Khloé recently said on the show.

Momager Kris Jenner, 59, is reportedly furious – sources say she's warning Khloé not to juggle two men in her life.

Kelly Jenkins, Lauren Hills



Khloé and Lamar married in September 2009 but split after four years

Recent revelations on *KUWTK* hint that Khloé still pines for her ex



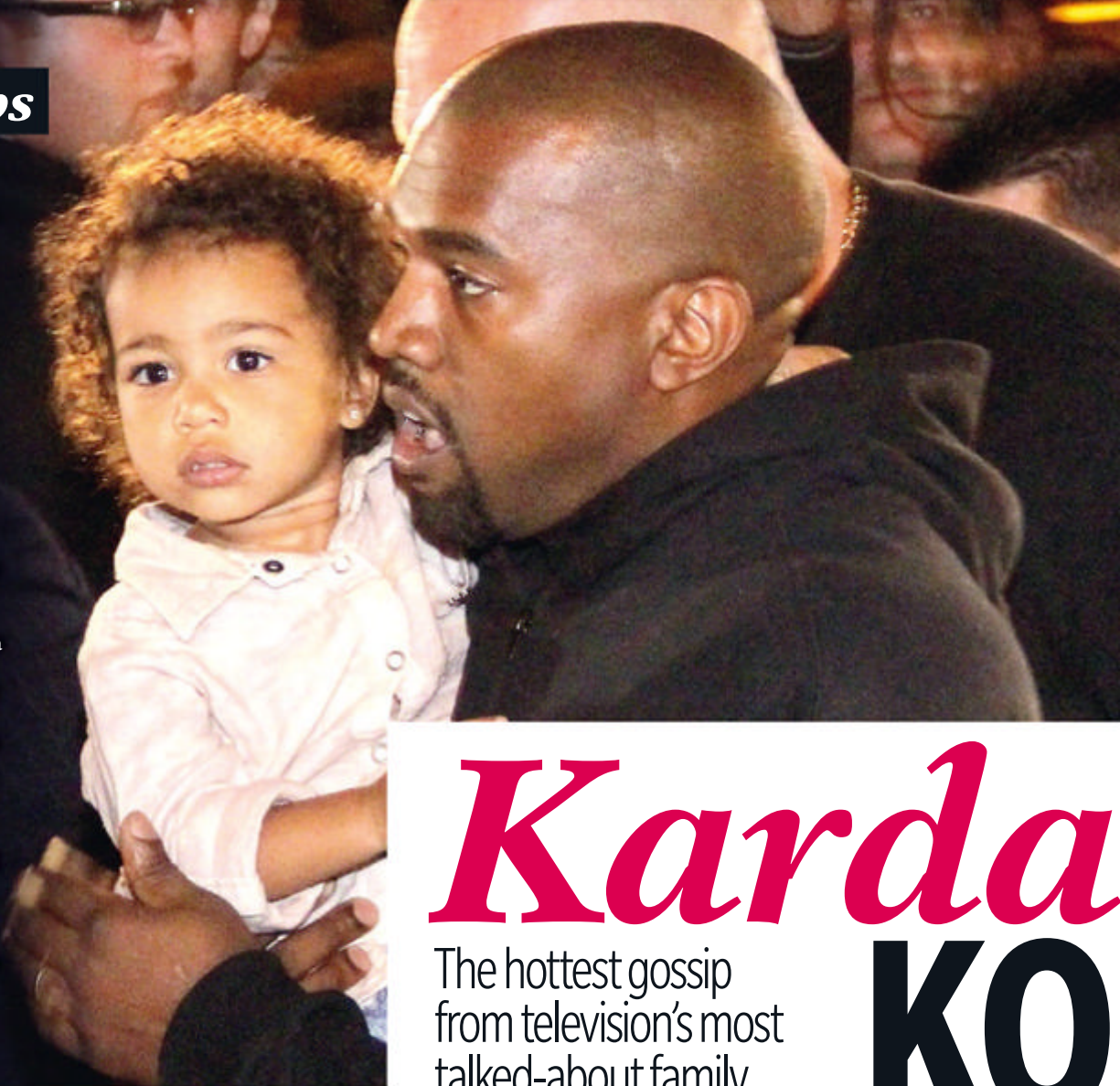
## NORTH'S A FASHION DIVA

**C**an we all take a moment to admire North West's super-cute curly hair?

The 22-month-old daughter of Kim Kardashian, 34, and Kanye West, 37, looked adorable on a family trip to Armenia, where her parents let her curls – usually scraped back in a top knot – fall naturally.

Wide-eyed and alert as dad Kanye carried her through airport security, the adorable tot has never looked cuter.

She may still be a toddler, but Nori is already becoming a mini fashionista. Kim said, 'North loves handbags and anything where there's a little bit of glitz. Every day she wakes up and says, "shoes".'



# Kardasha

## KO

The hottest gossip from television's most talked-about family



Kylie went to church with rumoured boyfriend Tyga and his son, King Cairo



Self-portrait of her new blue hair extensions, ready for Coachella

## KYLIE AND TYGA PLAY HAPPY FAMILIES

**K**ylie Jenner and rapper Tyga looked very close when they took his son, two-year-old King Cairo, to church on Easter Sunday.

The reality TV star, 17, and Tyga, 25 – real name Michael Ray Nguyen-Stevenson – joined some of the Kardashian family for the trip.

Kim, Kanye, and North attended, as well as Kourtney, 35, her eldest two children, Mason, five, and Penelope, two, sister Kendall Jenner, 19, and momager mum Kris, 59.

The family outing enraged Tyga's ex-fiancée and mother to King Cairo, Blac Chyna – real name Angela Renee White, 26. A source said: 'She doesn't want King Cairo to be an accessory kid or made into a media spectacle, like how the Kardashian girls use themselves and their children.'

Kylie debuted turquoise hair extensions last Friday – her new look for California music festival, Coachella.

She has also been acting bizarrely on Snapchat, recently posting a selfie captioned, 'New jewellery in the other secret areas' with her nipples circled, then a video of her putting her hands down sister Kendall's jeans.

Her teenage behaviour has enraged mum Kris Jenner, who demanded Kylie spend some time with her on the upcoming episode of *Keeping Up With The Kardashians*. She admitted she hadn't spoken to Kylie for two weeks and said, 'It's heartbreaking to me.'

Turn over for Kylie's face-shaping secrets ➔



## 'I'LL SAY GOODBYE TO BRUCE FOR GOOD'

**B**ruce Jenner has revealed that he has identified as a woman since he was five and is soon set to wave goodbye to his 'male persona' for good.

In a trailer for a highly-anticipated tell-all interview, set to air in the US on 24 April, Bruce can be seen chatting to top American journalist Diane Sawyer while a voiceover says, 'The interview, the journey, the decisions, the future – the Diane Sawyer exclusive'.

Sex change rumours about Bruce, 65, have been around for more than a year, but they stepped up a gear last week when he was pictured with larger-looking breasts and wearing red nail polish.

A US source said: 'He views the Diane interview as "a farewell to Bruce". He will present himself as a woman publicly for the first time. But it's not about his look – it's about his mental state and his journey.'

'Bruce will chronicle his life from age five, where he identified as a woman. He talks about the difficulties he's had, living as a man but not feeling like one. He also spends significant time talking about the impact his decision to have a sex change has had on his family.'



# shian NFIDENTIAL



## KLONE KOUSINS!

**K**im and Khloé Kardashian enjoyed a whistle-stop tour of Armenia last week to celebrate their heritage.

While in the country, the girls – who were accompanied by Kim's husband Kanye West and daughter North – met their Armenian cousins, Kourtne and Kara.

Yep, the girls really have cousins with names starting with K – and the family resemblance is striking.

Kelly Jenkins

Keeping Up With The Kardashians is on Sundays, 9pm on E!

[reveal.co.uk](http://reveal.co.uk) 11





# HOW KYLIE CHEATS THOSE LIPS

(and her cheekbones)

New bare-faced pictures of Kylie Jenner have finally put a stop to those surgery rumours. But just how does she transform her face with make-up alone? We spill her secrets

**K**ylie Jenner has long been the subject of cosmetic enhancement rumours.

But new snaps suggest her dramatically sculpted look is down to nothing more than smart make-up trickery.

Kylie, 17, swapped her usual faceful of slap for a barely-there look as she hung out on a beach in Malibu last Tuesday (main pic, above) and her face shape was unrecognisable.

While it's not unusual for celebs to look different without make-up, Kylie looked totally different. Gone were the pillowy cheeks, defined jawline and super-plump pout. So how does she do it? Here are Kylie's incredible face-transforming secrets.

## KYLIE'S 40-MINUTE LIP JOB

The star admits she spends a staggering 40 minutes perfecting her pout every day. Her secret weapons are **MAC Lip Pencils in Whirl and Soar, £12.50 each**, pinky-brown hues that create a bee-stung effect.

Since she confessed her love for the pencils they've cleared shelves across the country, although **Rimmel London Exaggerate Automatic Lip Liner in East End Snob, £3.99**, has a similar effect.

Kylie uses one of the liners in place of a lipstick, first 'overlining' (tracing it outside the edges of her lips) then colouring in the centre. Pencils can be drying so she always pops a lip balm underneath.

## SCULPTING HER JAW, NOSE AND CHEEKS

Like her big sister Kim Kardashian West, Kylie has mastered the fine art of



Instagram/kyliejenner



Instagram/kyliejenner

contouring. While top make-up artists have been practising the cheek-slimming technique for years, Kylie uses it to totally alter the shape of her face.

The concept is all about the contrast between light and dark. While bronzer is used to fake shadows, light, shimmering shades make it look like certain areas are plumper and 'protruding'.

**Anastasia Beverly Hills Contour Kit, £39, cultbeauty.co.uk**, is Kylie's palette of choice. First she applies the deep brown 'Fawn' and 'Havana' shades along her jawline and in the hollows of her cheeks.

To cheat a more petite nose, she takes some down the sides and at the tip, where it curves between the nostrils.

Next comes the highlighter – the colours 'Banana' and 'Vanilla' are placed down the bridge of her nose, underneath her brows and along the tops of her cheekbones.

## FAKING DOLL-LIKE EYES

While the cheek-contouring phenomenon has really taken off, few people know the same principle can be applied to eyes.

'Clever use of eyeshadow can completely change their shape,' explains Grace Fodor, founder of make-up range Studio 10. She's created an eye palette, **Studio 10 Visible Lift I-Definer, £32**, that does exactly that.

'To make almond eyes look rounder, like Kylie does, start with a light shadow over the lid. Follow with a darker shade, applied just above the crease, concentrating on the outer two thirds of your eye. Then blend it up towards your brow bone,' she explains.

To enhance the effect, run a nude eye pencil along your lower waterline, then trace a dark eyeshadow underneath your lower lashes. It will make the whites of your eyes appear bigger and brighter.

*Amber Ascroft*





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# 'We don't want TOWIE MEN BACK

## 'LEWIS PUT ME OFF YOUNGER MEN FOR LIFE'

**A**fter dating *TOWIE* co-star Lewis Bloor, 24, and sharing a drunken snog with 25-year-old newcomer Jake Hall, Lauren Pope, 32, has now banned herself from younger men.

The gorgeous reality TV star loves being single and says it would take a special person to turn her head these days – and she even has her eye on Taylor Swift's new fella, Calvin Harris.

'I vowed I'd never date a younger guy again after Lewis,' says Lauren, who also had a nine-month relationship with Kirk Norcross, 26. 'Jake was just a drunken kiss that got hugely over-exaggerated. At my age, it's no big deal to go out and have a random kiss with someone.'

She split with Lewis Bloor after he admitted to cheating on her. After their break-up, he even had a dig at her age, saying she looked 40.

'Lewis put me off younger guys, full stop,' says Lauren. 'I will never look at younger guys as boyfriend material again, I just see them as a bit of fun.'

'I never sit and think: "Oh my God, I need a boyfriend,"' she adds. 'I feel like I've waited long enough, so there's no point in me dating someone for the sake of it. Unless I really like them, I'm not going to bother.'

The DJ and businesswoman is looking forward to a summer of being single and spending time with co-stars Ferne McCann and Jess Wright.

'Me, Jess and Ferne are trying to squeeze in a holiday to Vegas. I've got DJ gigs in Ibiza, I'll be going to Marbella with *TOWIE* and I'm DJing in Dubai in May. So I'm very busy!'

And the star says if she was to consider settling down, it



Lauren snogged *TOWIE* newbie Jake Hall

would be with an older man.

'I'd want to date my age or older. I think early forties would be good,' she says. 'I want someone who is going to teach me things, take me to amazing places all over the world and show me things I've never seen. I don't want someone who reads gossip sites and goes clubbing in Essex every weekend.'

Lauren's ideal man would be funny and successful.

'I want a mixture of Calvin Harris, Ricky Gervais and Paddy McGuinness.

When you're married to someone, looks are going to fade. You need someone who can take the p\*ss out of themselves.'



Lauren was dating co-star Lewis Bloor



# Want our K!

Since splitting with their TOWIE boyfriends, Lauren Pope and Ferne McCann have found happiness on their own. Now both ladies are looking forward to a summer of single fun...

## 'I CAN DO ALL THE THINGS I'VE EVER WANTED NOW I'M SINGLE'

**S**he split from Charlie Sims, her boyfriend of five years, in March and now she's had a chance to get over the initial shock, Ferne McCann can't wait for her first single summer.

'Being single is a **positive** thing,' she says. 'I'm really looking forward to concentrating on me and having a lot of fun. I'm excited to do things I wouldn't have done when I was with Charlie. Not that he held me back, but I can just be selfish now.'

Ferne, 24, is planning to move out of the home she shares with her mum, Gilly, and wants to go on lots of girlie holidays.

'I'm going to live with friends, which is something I've always wanted to do,' says Ferne. 'I feel like all of a sudden I've got this freedom to do what I want. I'll be going to Ibiza, then to Vegas. I want to go to some festivals too and have loads of fun this summer.'

It's a good time in my life, I'm really happy.'

Charlie, 23, sensationally quit *The Only Way Is Essex* after tough storylines involving a bust-up with sister Chloe, 32, and his relationship with Ferne.

He gave Ferne an ultimatum – the show or their relationship – and she chose *TOWIE*.

'It has been hard, but I dealt with it away from the cameras. I kept my tears to myself,' says Ferne. 'I haven't cried this series and I'm really proud of that.'

The former hairdresser – who now runs her own food and fashion blog – says: 'Charlie was part of my life for five years, I love him to death and I always will. But it is definitely over for good.'

'We were joking that he'll end up like Simon Cowell and be friends with all his exes and go to their weddings. I don't see why we can't be like that one day. We talk all the time.'

Adventurous Ferne's upcoming challenges include trekking to Machu Picchu in Peru in aid of breast cancer awareness.

'I've got loads of exciting things coming up,' she says. 'I'm hiking the Inca trail with Lydia Bright. I'm also doing a 10K run and an open water swim.'

*Kelly Jenkins*

**The Only Way Is Marbs fragrance will be available at The Perfume Shop and Superdrug from the end of April**

Photos: Rex Features



Charlie Sims and Ferne McCann were in a relationship for five years

**Reveal  
says**

'Wow – we love the attitude of these single ladies!'



# 'AFTER I LOSE he didn't me at

Big Brother star Josie Gibson shocked us all when she lost a whopping six stone. And while it improved her life no end, sadly her relationship paid the price as she's split from fiancé Luke

**W**e were disappointed to hear Josie Gibson had called off her wedding and split from her fiancé Luke Sanwo last week. But the first comment that comes from the 30-year-old *Big Brother* winner, when she meets us for a chat, is that the two events had been a long time coming.

'We knew things hadn't been right for months. But you know when you get on with someone and you get stuck in a rut? It's hard to make that change.'

The bubbly blonde, 30, who shed a whopping six stone two years ago, going from a size 20 to a size 10, tells us how her extreme weight-loss sounded the death knell for their four-year relationship.

And there was us thinking that being slim was the answer to everything!

'I could sense Luke going off me as soon as I started losing weight,' says Josie. 'He's always been a

Josie's a 'born-again' fitness fanatic, although ex-fiancé Luke preferred her bigger





# ST THE WEIGHT n't fancy, ny more'

really affectionate person and that all changed when I slimmed down. I could tell from the way he looked at me that he was falling out of love with me. He preferred me bigger.'

Bristol-born Josie admits that plumber Luke, who she met on a night out in London back when she was a size 16, is still living with her – albeit in the spare room until he finds a place of his own. But she adds that she can't remember the last time they were intimate with each other, and that her increasing confidence in her new look ultimately drove a wedge between them.

'I never thought slimming down would make my love life worse, but Luke prefers bigger women. My new lifestyle has opened my eyes and made me more confident. One of the reasons I fell for Luke in the first place was because he's so laid-back. I loved that about him. It's funny how the things which initially attract you to

someone become the things you end up hating.'

While happy-go-lucky Josie won't say a bad word about Luke (in fact, at times during our chat she blames herself for their demise, saying she's now

a workaholic which left them like 'passing ships in the night'), what she will say is this: 'Our lives just drifted completely apart. We're different people now and, while I still love Luke and he still loves me, we aren't in love with each other any more. The passion's gone. It's been gone for over a year now and we just don't fancy each other any more.'

In fact, they'd grown apart to the extent that after Josie lost her engagement ring, Luke didn't even notice it was missing for 18 months. It was that light-bulb moment (along with the time Josie had to rescue Luke after he choked on a kebab – now her 'kryptonite') that made the couple it was time to call it quits.

'I instigated the split and Luke immediately agreed. I was gutted that he felt the same but I knew deep down,' Josie says. 'I was just annoyed he wasn't honest about his feelings beforehand.'

Eyebrows were raised last year when 5ft 10in Josie, who launched her own slimming company, Slimmables, revealed that Luke preferred her former fat self and went 'right off' her. But Josie says Luke's made no secret of the fact he's a fan of big women since day one.

'Luke can't stand smaller-sized women. He finds them a real turn-off. His perfect woman is a size 16.'

Josie recalls the time she was distraught

**'Luke can't stand skinny girls – his perfect woman is a size 16'**

after she piled some of her weight back on last Christmas – only for Luke to be secretly pleased.

'We didn't stop eating or drinking for a fortnight and I piled on almost a stone. And he was all over me again, like he was at the beginning.'

While Josie maintains Luke has been nothing but supportive and proud of her life-changing success, which has seen her retrain as a personal trainer and launch a



This beach snap of 16st Josie in May 2013 spurred her on to lose 6st

career off the back of her own weight loss, it hasn't always been that way.

'When I first went on the diet, he'd order takeaways and bring junk food into the house and eat it in front of me, to taunt me,' says Josie. 'He never thought I'd succeed. No one did.'

And like any born-again fitness fanatic, Josie says she found herself preaching to Luke and berating him for his unhealthy ways, a lifestyle they used to have in common. 'He got annoyed at how much I went on about food and fitness all the time. He'd roll his eyes at me when I mentioned it or nagged at him to go to the gym.'

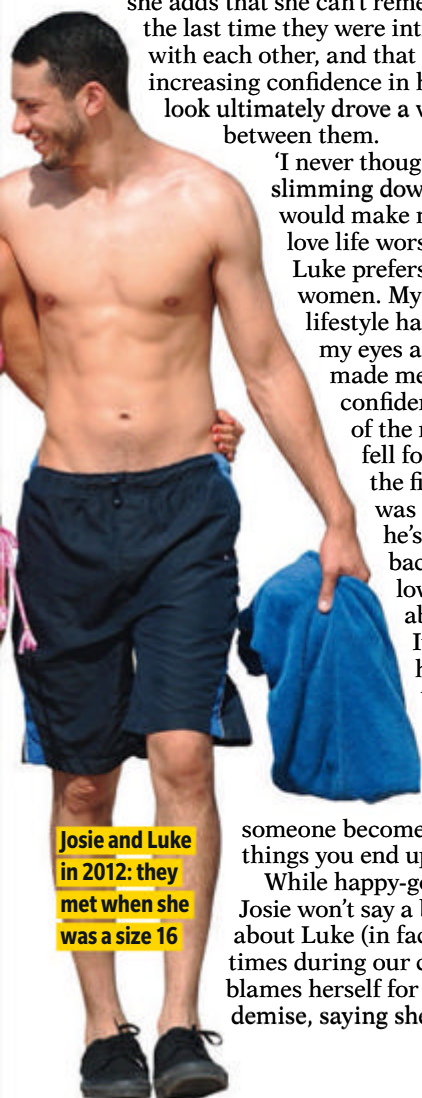
'We rowed over a loaf of white bread once as I went ballistic that he'd brought it into the house. I suggested us going to the gym

together, as I thought sharing a hobby would bring us closer together, but we argued about who was lungeing correctly.'

As a newly single lady, Josie's focusing on her business and putting herself first.

'The last thing I can think of is a bloke at the minute. I'm not one of those people that needs to be in a relationship to be happy. But I am worried I'll never find another bloke as good to me as Luke.'

Emma Hunt



Josie and Luke in 2012: they met when she was a size 16



# DAN GETS JOINT CUSTODY

With two small kids by two mums, there was always going to be drama for Dan Osborne. But a new legal ruling brings a ceasefire...

It's been a turbulent few months for Dan Osborne and Jacqueline Jossa. After a public war of words with Dan's ex-girlfriend Megan Tomlin (the mother of his 15-month-old son Teddy), the *TOWIE* star's tried to clear the air and focus on being a father, despite a custody battle and allegations looming of domestic abuse.

But there's been good news for Dan, who was granted joint custody of baby Teddy by the courts last week – which will involve the little boy spending half of the week with his dad and girlfriend.

*EastEnders* star Jacqueline, who plays Lauren Branning in the BBC soap, gave birth to daughter Ella in February, after she fell pregnant just six months after Teddy was born.

Among the issues, it seems, has been Megan's reluctance to introduce her son to Dan's new partner after the couple spoke about their situation in an interview, despite Megan wanting to keep things private.

But it now seems that Megan and Dan are working at staying amicable for the children's sake, and Dan proudly posted a picture of his kids together over Easter.

On Good Friday, Dan, 23, tweeted a cute pic of Teddy in a bunny onesie captioned, 'Happy Easter from my handsome little Easter bunny!!', following it up with a cute snap of baby Ella in the same outfit, captioned, 'And happy Easter from our beautiful little Easter bunny too!'

He then posted a gorgeous picture of toddler Teddy propping up his sister and



Dan's shared cute snaps of Teddy cuddling his baby sister Ella

## Reveal says

'Good on them all for putting the children first in this complex situation.'

leaning in for a hug for the snap, captioning it, 'absolutely priceless #mybabies'.

Asked in an interview

if Jacqueline and Ella had met Teddy yet, Dan had revealed: 'It's something I'm trying to sort out at the minute. Jacqueline is Teddy's sister's mum, so they're going to be around each other, it's just a matter of time.'

'I want to introduce Teddy next time I have him. In a few months he'll start to understand he has a sister. He'll get used

to being around her and he'll grow up to love his little sister and look after her.'

'They're going to grow up as close as anything, and he's going to be the best brother she could dream of.'

Jacqueline confirmed in the same interview she hadn't yet met Teddy but made it known she's keen for him and Ella to be close. 'I'd like them to have a lovely relationship, it's really important,' she said.

A source said: 'Dan's so pleased at the court's ruling. He wants them all to be a proper family and for Teddy to grow up and be very close to his sister.'

Emma Hunt

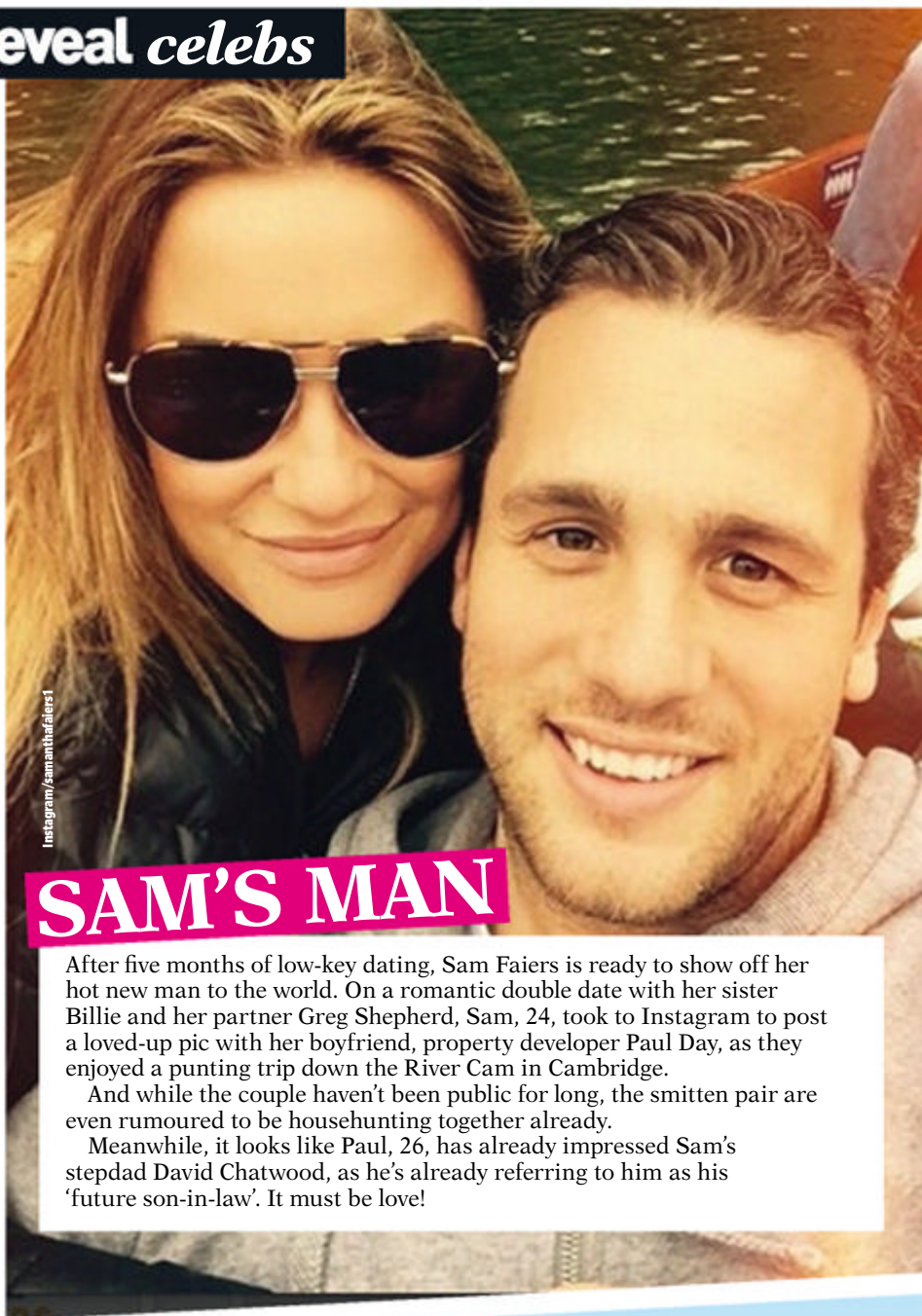


# HATS OFF TO YOU, LADIES

Up there with daffodils, chocolate eggs and the clocks going forward, nothing says spring more than the annual Ladies Day at Aintree Racecourse, home of the famous Grand National horse race in Liverpool. This year, organisers tried to tone down the typically exuberant fashion displays by instituting a 'Chanel-style' dress code. Boo! Don't they realise the whole point of Friday's Ladies Day is NOT to be low-key and slavishly fashionable – it's to brighten up the nation with an injection of colour and fun at the end of a long, dark winter. And yes, while some do get it spectacularly wrong, we have to hand it to the ladies of Merseyside who did themselves proud last week in the glamour stakes. It's great to see them enjoying their fashion so much and clearly having so much fun at the same time. Hats off to you all!







Instagram/samthefaiers1

### SAM'S MAN

After five months of low-key dating, Sam Faiers is ready to show off her hot new man to the world. On a romantic double date with her sister Billie and her partner Greg Shepherd, Sam, 24, took to Instagram to post a loved-up pic with her boyfriend, property developer Paul Day, as they enjoyed a punting trip down the River Cam in Cambridge.

And while the couple haven't been public for long, the smitten pair are even rumoured to be househunting together already.

Meanwhile, it looks like Paul, 26, has already impressed Sam's stepdad David Chatwood, as he's already referring to him as his 'future son-in-law'. It must be love!



### SAMIA'S BLOSSOMING BUMP

*Coronation Street* star Samia Ghadie showed off her growing baby bump on a day out with her partner, ice dancer Sylvain Longchambon, and her former *Corrie* co-star Angela Lonsdale.

Samia, 32, who already has a daughter, five-year-old Freya, from her previous marriage, revealed her baby news last month. She tweeted: 'Sylvain and I are overwhelmed by everyone who has sent us their congrats and kind wishes, we've read them all, thank you SO much!!'

## LEWIS' A-LIST PRODUCER

Lewis Hamilton's made no secret of his desire to break into the music business. And it looks like he's enlisted the best of the best to help him on his way – his one-year-old English Bulldog Coco!

Last year's Formula 1 world champion Lewis, 30, posted the cute picture of Coco helping him mix some tracks in his home studio on Instagram, along with the caption 'Coco on the mix!!!'



Instagram/lewisHamilton

Coco got busy on the decks to create some banging tunes







# DAMES OF THRONES

Coleen Rooney and Nadine Coyle looked incredible after a *Game Of Thrones*-style makeover ahead of the new series, which started last week.

The ladies, both 29, ditched their normal styles in favour of this warrior look, as they joined forces with Cancer Research UK's Race For Life to show 'hell hath no fury like a woman in pink'.

Enter at [raceforlife.org](http://raceforlife.org)



There's no love lost between Mischa and her mum Nuala

## MISCHA SUES HER MUM

Actress turned designer Mischa Barton is suing her 'momager' for £17 million, after claiming that she'd stolen money from her throughout her acting career.

Child star Mischa, 29, starred in *The Sixth Sense* aged 12 and shot to fame at the age of 16 with her role as Marissa Cooper in US teen drama *The O.C.*

She says her mother Nuala kicked her out of her £4 million Beverly Hills mansion, in the lawsuit filed last week.

Mischa claimed she was lied to by her mother about the amount she was paid for starring in 2015 film *The Hoarder* so that her momager could pocket the difference.

In legal papers filed in a US court, Mischa, now a fashion designer, claimed her parents 'sit back expecting their daughter's hard work and dedication to her craft to support their lifestyle'.

Katherine Parkes

Photos: Barcroft Media, Erolime, Instagram, WireImage



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# 'My daughter IS MY BIGGEST INSPIRATION'

He's just been crowned winner of *The Voice*, but Stevie McCrorie says his two-year-old girl keeps him grounded

**'T**ake a wee snap of me next to the fire,' Stevie McCrorie asks a member of his PR team as we enter the rather plush library room at London's swanky Ham Yard Hotel.

The Scottish-born fireman, 30, tells us he'll be sending the snap to his mentor Ricky Wilson because, unlike most celebrities accustomed to the VIP lifestyle, it symbolises quite a poignant moment for Stevie.

Despite being crowned the winner of BBC talent show *The Voice* (at the time of going to press, he was top of the charts with his debut single *Lost Stars*), Stevie says the one extravagance he's truly after with his first paycheck is a log fire.

'I've made it already!' he grins.

Wearing skinny black jeans and biting his nails, there's no part of Stevie that hints at an inner rock star waiting to trash his hotel room and notch up expensive bills at showbiz parties.

## 'I'LL NEVER BE TAKEN AWAY BY FAME'

Stevie tells us we can thank his two-year-old daughter Bibi for his humble side.

'I'll always be grounded because I'm a dad. I have my wife Amy and my daughter to think about. I'll never be taken away by fame because they'll always be in the forefront of my mind.

'Bibi is my biggest inspiration. When she's old enough, I want her to say: "My dad did something bigger than anyone expected of him, so why can't I?"'

Stevie also admits to feeling under pressure after being named the bookies' favourite to win after the first auditions back in January, and confesses he had little faith in his own talent.



'My odds became more and more likely in the build-up to the final and it got to a point that it wasn't even worth putting a bet on any more. I wish I'd bet on myself now,' laughs Stevie, who is from Alva, Clackmannanshire.

'But all I kept thinking was, "Oh my God, I'm going to be responsible for people losing their money". You have no idea how happy I was when I realised I was worth the gamble. My mate won £700, I was chuffed!'

His self-deprecation stems from constant rejection by the music industry and Stevie, who formed a band at 15, chokes up when he admits that *The Voice* really was his 'last chance' at success.

'I had a break from music because I didn't believe in myself enough to compete with these amazing singers,' he admits.

'But the moment Rita [Ora] turned her chair around during the blind auditions

made me realise that there was still a possibility.'

There is one person who has always believed in Stevie – his wife Amy, who he's been with for nine years and married

on Halloween last year. Amy had been encouraging him to compete in *The Voice* since its launch in 2011.

'I was approached to audition for *The Voice* three years ago after being picked up by a BBC radio station, but I turned it down because I didn't feel ready for it,' Stevie says.

But at the time, Amy posted on her Facebook page: 'I wish Stephen had entered *The Voice*. All four judges would have turned for him.'

And last week, the same message popped back up on Amy's Timehop app.

'It was so surreal. It just shows that she has more belief in me than I do,' he says.

'Ricky told me that the most important person in my life right now is Amy because she's such a huge support. And he's right, I can't do this without her. Everything I do is for my family'.

**Lauren Hills**

**Stevie's single *Lost Stars* is out now**



# Celeb m KEE

## FRANKIE BRIDGE

*Strictly* star Frankie Bridge, 26, suffered cruel comments after putting on weight in 2013 while pregnant with her son Parker, now 18 months old. But this time around, and six months pregnant with her second child, she's past caring.

'Everyone expects you to stay a size 6 or 8 during pregnancy and then go back to normal afterwards – but that's not realistic,' *The Saturdays* singer says bluntly. 'People are too quick to judge. I couldn't care less if I put on four stone with this baby, you just have to deal with it each time.'



## DREW BARRYMORE

Actress Drew Barrymore, 40, has also taken a turn at defending new mums against the body critics. The star of *The Wedding Singer*, who gave birth to her second daughter Frankie a year ago, pulls no punches when discussing her post-pregnancy body.

'After making two babies, holy cow, does your body do some crazy stuff! It's hard to stay positive and love yourself,' Drew says. 'You feel like a kangaroo with a giant pouch; everything's saggy and weird.'





# mums P IT REAL

We're fed up with yummy mummies banging on about snapping back into their size 8 jeans, days after giving birth. Hurray for the mums who tell it like it is!

## KELLY CLARKSON

US singing star Kelly Clarkson, 32, came under fire from the fat-shamers recently. She'd relaunched her music career after having her daughter River Rose last June, showing off a fuller figure. Kelly mostly kept a dignified silence, only hitting back once to say: 'I've just never cared what people think. I'm happy and I'm confident and feeling good. And more so now since having a family, I don't seek out any other acceptance.'

## OLIVIA WILDE

She gave birth to her son Otis a year ago. But US actress Olivia Wilde, 31, admits she's still not back at her pre-pregnancy weight. Appearing on the cover of a fitness magazine and showing off her post-baby body in all its glory, she admits: 'The truth is, I'm a mother, and I look like one. I believe in a world where mothers are not expected to shed any physical evidence of their child-bearing experience. I don't want to waste my time striving for some subjective definition of perfection.'

## ADELE SILVA

Soap actress Adele Silva, 34, gave birth to her 'miracle baby' Sienna last month after a traumatic pregnancy and three previous miscarriages, so it's fair to say she's got her priorities right when it comes to working at getting back to her pre-pregnancy figure. 'I'm still recovering, waiting for my stitches to heal, so I'm pretty relaxed about exercise. I have stretch marks under my boobs but no one's going to see them, so who cares? It'll be a while before I even think about going on a run,' says Adele.

## KIMBERLEY WALSH

Girls Aloud singer Kimberley Walsh, 33, gave birth to her son Bobby in September and she's been keeping a relatively low profile ever since, with childcare taking priority over snapping back to size 8. Kim's spoken out to reassure mums everywhere about easing gently back into shape after pregnancy.

'It takes a while to lose your baby weight and you shouldn't rush it,' she says. 'I'd love to have lost two stone [by now] but it's just not the case. I used to enjoy keeping fit, but it's strange that anyone would think I have time for fitness yet, or that I'd even be thinking about it.'





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# THERE'S SOMETHING ABOUT CHRIS...

Coldplay frontman Chris Martin was a virgin until he was 22 and is overshadowed by his holier-than-thou ex Gwyneth Paltrow. Not very sexy! So what's his secret?

**C**hris Martin is reportedly dating Hollywood babe Jennifer Lawrence, has been linked to Kate Hudson, Alexa Chung and Rihanna, and even his estranged wife Gwyneth Paltrow can't seem to let him go – but the Coldplay singer wasn't always so popular.

A self-confessed 'geek', Chris admits to being a rather late learner in the bedroom, losing his virginity at 22 – just three years before he started dating Gwyneth.

'I wish someone would have come to me when I was 14 and explained how to give an orgasm,' he said. 'I used to walk funny and, to be honest, I was a bit of a knobhead – I wouldn't have liked me either.'

Born in Devon, the 38-year-old doesn't touch alcohol and turned vegetarian when he married Oscar-winning actress/clean living enthusiast Gwyneth. Not very rock'n'roll.

He was even too laid-back to buy Gwyn an engagement ring, and only did so a year after proposing.

So let's take a look at the women who have fallen for the frontman of one of the world's most successful bands, who's worth £50 million...

## JENNIFER LAWRENCE

Actress Jennifer is Hollywood's hottest property. At just 24, 14 years Chris' junior, she's already picked up an Oscar and a Golden Globe for her role in *Silver Linings Playbook*, a Golden Globe and a BAFTA for her part in *American Hustle*. She's also topped several of the 'Sexiest Woman' polls.

Just weeks after

Gwyneth and Chris split in 2014, the *Hunger Games* star fell for the dad-of-two. They briefly split in October due to busy work schedules but now they're firmly back on.

Chris spent time with Gwyneth and their kids on a holiday to Mexico but flew to New York the next day so that he could spend Easter Sunday with Jennifer.

## GWYNETH PALTROW

Rumours were sparked after Gwyneth, 42, and Chris might be back on after a recent trip to Mexico with their kids Apple, 10, and Moses, nine – although they were quashed when he hurried back to New York to see Jennifer.

He must have something special keeping J.Law hooked – as well as being an attentive dad to his children, he also spends a lot of time with his ex.

The pair 'consciously uncoupled' in March last year and Gwyn's mum, Blythe Danner, said: 'They're making it work, they're great friends and the kids are in wonderful shape. I have to take my hat off to both of them.'

## KATE HUDSON

In March, Chris and newly single actress Kate Hudson, 35, caused something of a stir when they were pictured together sunning themselves on a Malibu beach. Later the same day, they continued their 'date' at a nearby restaurant.

The fact that Kate has a thing for rockers (her exes are Black Crowes singer Chris Robinson and Muse frontman Matt Bellamy), set tongues wagging that a romance was brewing.

## ALEXA CHUNG

Chris and model Alexa, 31, were first spotted together at Glastonbury in 2013, asking directions for the best place to go for a drink.

Then in May last year, two months after he split from



He may be a self-confessed geek but Chris is proving irresistible to A-list ladies

Gwyneth, they were spotted in a New York bar, but denied they were dating.

A month later, they reportedly met up in a Tokyo nightspot, although Chris probably stuck to fizzy water.

## RIHANNA

In 2012, Chris and pop babe Rihanna, 27, got up close and personal in the video for their hit *Princess Of China*.

OK, so it was strictly business, but the pair have kept in touch. In June last year, they had dinner together at the Giorgio Baldi restaurant in Santa Monica, California.

And Chris must be funny, as the *FourFiveSeconds* singer giggled the whole way through.

Rebecca Greenow





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# fashionista

She's bitching her way round town bringing you what's hot, and what's really NOT. Remember, you read it here first

## GET UP AND GLOW

B. Sweet Popping Candy Highlighting Serum, £14.99, Superdrug, has given my face the radiance kick it's been craving. I love using it under foundation to pretend I've got supermodel-worthy skin, but it can be popped on top of make-up too. I'm not the only fan - my beauty spies tell me The Saturdays' Vanessa White loves it.



Dress, £75, Lipsy



## WEDDING BELLE

If you've got a summer wedding coming up, bride-to-be and actress Michelle Keegan's latest drop for Lipsy ticks all the boxes. From hot-right-now lemon yellow to Fashionista's favourite, a coral and lace bodycon, she's got summer events sewn up. Now, which one to wear to Michelle's wedding? OK, so my invitation hasn't technically arrived yet, but I'm sure there's a simple explanation. No doubt it will be landing on my doormat in a matter of days...



£75

Photos: Splash News

## BEAUTY UNBOUND

A HEARTST CONVERSATION  
#BeautyUnbound

Join us on [reveal.co.uk](http://reveal.co.uk) every day this month for a celebration of all things beauty as part of our #BeautyUnbound campaign. Don't miss our big day this Thursday, 16 April, when we'll be uploading hourly celeb beauty news from 7am-7pm. We're also working with Look Good Feel Better, [lookgoodfeelbetter.co.uk](http://lookgoodfeelbetter.co.uk), a cancer support charity, providing free services for women and teens. Workshops and masterclasses are available in venues across the UK. They're carried out by trained beauty volunteers who share their tips for minimising side-effects such as skin changes, eyebrow and eyelash loss.



It's the way she wears it...

Danielle Lloyd's got a body that would look good in a bin bag - and the bin bag would be an improvement on this outfit. Even a YSL bag and Louboutins can't rescue this car crash of an outfit. You know what they say: you can't buy class...



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£65



# Taylor loves Calvin's SEVEN INCHES\*

Calvin Harris is worth £47 million and looks rather incredible in a pair of tighty whities. But Taylor Swift is more interested in the height of her 6ft 5in boyfriend...

According to some girls, size matters. Even on Tinder, shorter men know to put their height on their profile to avoid the look of disappointment on a first date.

In an interview in November, DJ Calvin, 31, said he would 'swipe left' to reject her if he was matched with Taylor Swift, 25, on the dating site (ouch!). But since then they're rumoured to have become an item and she's very much taken with her new man – thanks partly to his height.

At 6ft 5in, the Scot is seven inches taller than the 5ft 10in singer, who often dates guys close to her own height or shorter.

A source tells us: 'Taylor's loving being with a guy who's seven inches taller than her – she's quite tall herself so she finds short guys a real turn-off.'

'She's always preferred guys who are 6ft or more and Calvin's her tallest boyfriend so far. She loves that she can wear high-heels with him as she's felt unable to with past boyfriends.'

Taylor's last boyfriend, 1D's Harry Styles, 21, was the same height as her. Another steady boyfriend, singer Joe Jonas, 25, was three inches shorter at 5ft 7in.

'She hated that she had to wear flats with Harry and Joe,' says our source. 'Taylor's been telling her friends that Calvin's the hottest guy she's ever dated and she can't believe she wasted so much time hung up on Harry.'

'She's been joking that her previous relationships come up short in every area compared to Calvin.'

'She's convinced that short guys are too insecure to handle her, and she loves how it feels to be held by Calvin. He's strong enough to lift her in the air and can literally sweep her off her feet.'

'When she's with him she actually feels dainty. When she was with Harry and Joe she felt like a tall, awkward giraffe.'

It's not only Calvin's size that's attractive for Taylor. He's also more mature than her exes, making her feel secure.

The source adds: 'She feels totally safe and protected by him. When she's with him she doesn't feel she needs her bodyguards around.'

## THEIR FIRST PUBLIC APPEARANCE

The couple got together at a BRIT Awards bash in London in February.

The *Shake It Off* and *Style* singer was keen to keep her new man under wraps for as long as possible because she's been publicly heartbroken before, but we're told she's already smitten.

After some (not so secret) dates – including him flying her to one of his Las Vegas gigs in a private jet last month – they went public together over Easter, holding hands as they left a Haim concert in Hollywood.

The following morning, Calvin – who's recently been modelling underwear for Emporio Armani – was pictured leaving his new girlfriend's house.

The pair have apparently been texting each other like mad and Taylor's planning on spending time with him in Vegas before starting a gruelling world tour on 5 May.

Our source says: 'Taylor really wants this relationship to survive her tour. She wants to prove she's not some crazy maneater and wants a romance that lasts.'

'Calvin's doing a number of pool party shows in Vegas and she plans on spending as much time as possible with him before she goes to Japan for the tour.'

Summer hitmaker Calvin – who



Taylor and Calvin had a night out at a Haim gig in LA



dated singer Rita Ora, 24, last year, and was seeing a model girlfriend shortly afterwards – has been critical of long-distance relationships, recently saying: 'It's impossible. You hang out for three weeks, then they're in Peru for a month and it just fizzles out.'

But he's taking his chances with BRIT Award winner Taylor and she's determined to prove his theory wrong.

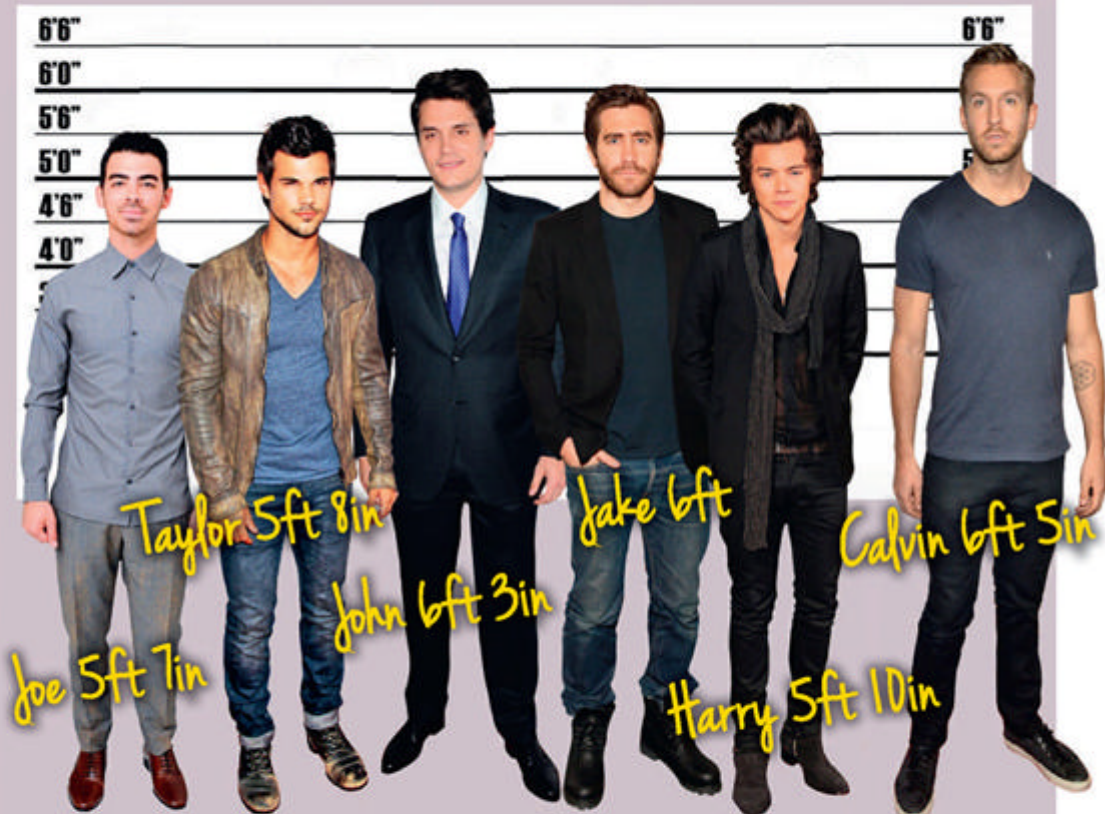
'She'll do whatever it takes to make this relationship work as she's falling for Calvin in a big way,' says the source. 'He's so different to anyone she's ever dated.'

'Most guys come on strong early on, then the minute she starts opening up to them, they run a mile. Calvin's much more mature than that.'

'She's playing things cool, but she knows she's got this small window to really seal the deal on their romance before she starts her tour.'

*Rebecca Greenow*

## Taylor's ex files HOW DOES CALVIN MEASURE UP?



**JOE JONAS,**  
25, 5FT 7IN

He was Taylor's first real boyfriend, but pop star Joe split up with her in a 27-second phone call in 2009. Despite this, they're now apparently on good terms.

**TAYLOR LAUTNER,**  
23, 5FT 8IN

The *Twilight* actor, who briefly dated Taylor in 2009, is a total babe but, being an inch shorter than her, she's surely not missing him.

**JOHN MAYER,** 37,  
6FT 3IN

Taylor was 19 when she had a fling with him in 2010. He's the eldest she's dated, but he was no gentleman and reportedly treated her badly.

**JAKE GYLLENHAAL,**  
34, 6FT

After a two-month romance, Taylor was heartbroken when the actor missed her 21st party. A few months later, she saw him at a bash with Rita Ora.

**HARRY STYLES,**  
21, 5FT 10IN

Taylor put herself on a man-ban after she and Harry split in January 2013, and Calvin's been the only man to win her heart since then.

\*He's 7in taller than her. Why, what were you thinking?



# I WANT *what she's got!*

We show you where the celebs have been shopping this week



## FEARNE COTTON

Radio 1 DJ Fearne rocks this white lace dress from her own [very.co.uk](http://very.co.uk) collection for a morning in the studio. Dressing it down with her casual trainers and fur coat, Fearne shows us that spring dressing is just a breeze.



**very**  
£65



## KENDALL JENNER

Catwalk darling and *Keeping Up With The Kardashians* star Kendall knows how to do off-duty model style like a pro. She looks super-chic in sunnies, skinnies and these comfy kicks at JFK Airport in New York.



**Bershka**  
£15<sup>99</sup>

## LUCY WATSON

Feisty *Made In Chelsea* star Lucy always knows how to pull a cute outfit together. She gives this sporty look a sweet little touch with her miniskirt. We're jealous – check out those toned pins!



**FOOTA2YJUM**  
£64<sup>99</sup>





## JESS WRIGHT

TOWIE gal Jess is super-glam in this zesty coloured bodycon dress from her new collection at lipstickboutique.co.uk. She is set for a big night out with her glowing tan and strappy gold heels. Top marks, Jess.



Lipstick  
BOUTIQUE  
£60



H.M  
£59<sup>99</sup>



## LAURA WHITMORE

Presenter-turned-DJ Laura works a classic look in a tuxedo from H&M's Conscious range. She gives her masculine ensemble sexy touches with killer peep-toes, a sparkly clutch and very on-trend neck tie.



H.M  
£64<sup>99</sup>





# It's Poldang!

He's buff, shaggy-haired and has recently won the hearts of women all over the nation. Move over Poldark's Aidan Turner, TOWIE star James 'Arg' Argent is after your heart-throb crown







Separated at birth?  
We reckon Arg is a dead  
ringer for hunky Aidan



Turn over for more ➔





There's no denying that after a stint in rehab, four months of being teetotal and an extensive exercise routine, *TOWIE*'s James 'Arg' Argent is looking rather fine.

Since he returned to *The Only Way Is Essex* last month, we can't help noticing all the female attention he's been receiving.

On Twitter, girls have been going mad for the new slimline Arg, and he's even received marriage proposals.

He's so hot right now, we reckon he's up there in the fittie stakes with TV's current golden boy, Captain Ross Poldark!

For our Poldarg shoot, the 27-year-old turns up already wearing eyeliner, left on from the *TOWIE* wrap party the night before. Doing his best pout, he's got Poldark's sultry stare down to a T.

While Aidan Turner – who plays *Poldark*'s leading man – admits to wearing make-up for the role, Arg isn't a fan.

'I hate wearing eyeliner but I had to last night for the Mad Hatter-themed *TOWIE* wrap party,' he tells us. 'I'm loving the wig though. I can pull off long hair because my ears stick out so it covers them.'

During our years of chatting to Arg, this is the most relaxed we've seen him. It's the morning after they've filmed the final *TOWIE* scenes, and he can't wait to tell us he's back on with his sweetheart, Lydia Bright.

The night before, she agreed to be his girlfriend once and for all.

Beaming, he says: 'Me and Lydia are



Arg wooed Lydia on *TOWIE* with a passion Poldark would be proud of



Newly slim Arg didn't touch Poldark's favourite treat of a Cornish pasty!



back together, 100 per cent. It's one last try, so I won't mess it up.

'I'm so happy. We've been on and off for seven years. There's something really special about us and I'm excited about the future – the future's "Bright!"' he laughs.

Arg hit a low point last year when he was booted off the ITVBe show, reportedly for drug and alcohol abuse.

He entered The Priory rehab centre over Christmas – spending his 27th birthday there – and has since worked hard to stay sober.

He admits that even at the wrap

a while, but she's **The One** for me.'

Although **TOWIE** fans saw Lydia ask Arg for a list of all the girls he cheated on her with in the season finale, he has nothing left to prove.

He admits: 'She hasn't set out any rules for us – we're starting a new relationship. It's a pure new start.'

Arg has replaced partying with boxing, running and weight training. But Lydia has no reason to be jealous of Arg's attention from other ladies.

Like Poldark – who returns to his hometown looking better than ever

*'It's one last try with Lydia. I won't mess it up'*

party the night before, he didn't drink.

Lydia, 25, and Arg briefly tried to rekindle their romance when she returned to the show last summer. So what makes them think they can stay the distance this time?

Bowing his head slightly, Arg tells us how remorseful he is about the way he treated Lydia, admitting to cheating on her several times.

'The only reason we broke up was because my wild partying led to me making mistakes and letting her down. We never fell out of love.

'I've got to carry on doing what I'm doing, being on my best behaviour and continuing on the straight and narrow. She's the one that got away for

after fighting in the American War of Independence, then settles down with his kitchen maid Demelza – Arg is certain he'll be loyal to one girl.

He adds: 'I definitely feel better now I've been working out and slimmed down – I don't feel like a heart-throb on the same level as Poldark, but I'm getting there!

'Aidan Turner worked out for the role and I'm getting fit and healthy to get what I want, too. Who knows, I may have a six-pack by the end of the summer.'

At the end of our shoot, we overhear Arg arranging a dinner date with Lydia before planning to join their pal Tommy Mallet's birthday celebration. Arg, however, will not be drinking.

He then excitedly calls Lydia to tell her he'll be going to her house when he's done.

They both end the conversation with 'I love you'. Ahhh!

Rebecca Greenow

See more on Arg and his Poldark makeover on [reveal.co.uk](http://reveal.co.uk)



# COUPLES CONFIDENTIAL

Your weekly temperature check on celeb romances

## STACEY & STEVE-O LONG DISTANCE LOVE



Instagram / /staceysolomon

After weeks of low-key dating, singer Stacey Solomon has opened up about her romance with *Jackass* star Steve-O. And since meeting on C4 reality TV show *The Jump*, the unlikely couple's relationship has gone from strength to strength.

Speaking of her new-found love, mum-of-two Stacey, 25, admitted it was the thought of not seeing US-based Steve-O, 40, again that made her face up to her feelings for the famous prankster.

'I felt sure I wanted to be single at the end of last year, but when *The Jump* finished I felt sad thinking I might not see Steve again... I know I lost out on winning the show, but I've found love instead,' she revealed.

And it appears their strong feelings are mutual, after Steve-O recently gushed about his girlfriend on Instagram, captioning a cute pic: 'Having a wonderful time with my sweetheart... @staceysolomon.'

## LADIES IN WEDDED BLISS

Looks like it's girl power all round, as lesbian TV stars Clare Balding and Michelle Hardwick recently revealed they've both wed their respective partners.

TV presenter Clare, 44, officially married her partner of 14 years, broadcaster Alice Arnold, 52, in a private ceremony, nine years after entering a civil partnership.

On *The Jonathan Ross Show*, Clare said: 'It's about equality. It's about knowing you can say "I'm married", and nobody's going to think that's "married" in inverted commas, no, that's actually married. I think it's great.'

Then *Emmerdale* actress Michelle, 39, who plays Vanessa Woodfield on the ITV soap, announced on Twitter she had tied the knot with her girlfriend of four years, Rosie Nicholl, in North Yorkshire's Danby Castle (inset).

Tweeting a wedding photo, Michelle wrote: 'I can honestly say that yesterday was the best day of my life... Thank you to my wife @rosiebhone.'



Twitter / @chellehardwick

## THE ROCKY ROAD OF LOVE



DENISE VAN OUTEN, 40



In 1998, presenter and actress Denise dated Jamiroquai's Jay Kay, 45, for three years. After a brief engagement in 2001, they split after he accused her of being unsupportive during his six-year battle with drugs.



Though the pair never became official, Denise enjoyed a few dates with actor Nick Moran, 45, for a short time in 2001. After things fizzled out, Denise commented: 'He was never my boyfriend. It never got to that "introducing to the parents" stage.'





## ALESHA & AZUKA WAITING FOR THE RIGHT MOMENT

**B**ritain's *Got Talent* judge Alesha Dixon wants to marry her boyfriend Azuka Ononye, but says she's holding out for the perfect proposal.

Alesha, 36, has an 18-month-old daughter, Azura, with dancer Azuka, 38, and says she's waiting for the right time for them to wed, after the breakdown of her first marriage to MC Harvey nine years ago.

'I'm in no rush, but we will have to see. My friends have told me to not even dare coming into work and saying we've sneakily gone off to get married. They know what I am like and it's the sort of thing I might do,' she said.

But it looks like Azuka needs to brush up his technique – in September Alesha said she wasn't impressed with his previous attempts to propose.

On the *Piers Morgan's Life Stories* TV show, she said: 'He's asked me to marry him about five times... I won't take him seriously until he does it properly. A ring would be a start!'

Come on Azuka!



## ROB & FKA TWIGS PUB WEDDING

**A**s one of the most high-profile couples of the moment, you'd think that *Twilight* star Robert Pattinson and rumoured fiancée FKA twigs would be planning a more elaborate kind of wedding day.

But instead, it looks like the quirky pair are opting for something a little less formal for their big day, as they're planning a pub wedding.

While the laid-back choice of venue is apparently down to FKA, real name Tahliah Debrett Barnett, it appears 28-year-old Rob's parents may not be so thrilled with the idea, as they are reportedly hoping the couple will wed in a traditional church.

And although neither FKA, 27, or Rob have commented on the rumours as of yet, they are said to be thinking of exchanging vows sometime this summer after seven months of dating.

Imagine seeing that reception at your local...



In 2003, Denise started seeing Brown's club owner Richard Traviss, who she later became engaged to. But with conflicting work schedules and rumours of him being unfaithful, the couple split two years later.



In 2007, Denise dated fellow ex-Sylvia Young Theatre School student James Lance, 39. They split four months later after struggling to find time to see one another.



Denise's longest romance was with ex-husband Lee Mead, 33, who she met while filming BBC's *Any Dream Will Do*. The couple got married in 2009 and had a daughter, Betsy, a year later. They split in 2013 but remain friends, with Denise saying: 'We're going to Disney together, how many exes can say that?'



Now, Denise has found happiness with stockbroker Eddie Boxshall, who she's been seeing since last summer. While things are going well, Denise insists that she's happy to take things slowly as they enjoy the early stages of their relationship.

Katherine Parkes



# I LOVED ONE DAUGHTER *more than the other*

Mum-of-two Penni Stewart, 25, from Derby, suffered from such severe postnatal depression that her first daughter felt like a stranger to her

**I**t may shock you to hear me admit that I loved one of my daughters more than the other. But if I don't say it out loud, other mums won't know that what they're going through is OK. I felt so alone and so guilty for many years. But having postnatal depression doesn't make you a bad person.

I was only 16 when I gave birth to my first baby, Jen. I liked the idea of being a mum – babies were cute, right? I was so naïve. I had no idea how hard parenting would be.

At first, it was exactly how I'd imagined. I was swamped with love when I first saw her. She was so beautiful I couldn't stop staring.

We lived with my parents and to be honest, my mum, Sally, now 50, and dad, Graham, 63, were more like Jen's parents than I was. Mum helped with night feeds and washing, while Dad cooked dinner.

Even when I moved to my own council flat, my parents were always on hand to help. Soon I began to believe I wasn't capable of looking after my baby. I couldn't stop her from crying but after a minute in her grandma's arms, she'd be smiling.

It stopped feeling natural when I picked her up or cuddled her. I felt completely

detached, as if she wasn't my daughter at all.

I was diagnosed with postnatal depression when Jen was a year old. I was put on medication and given treatment but it left me exhausted.

By the time she went to school, there was no bond between us at all. I didn't see her off at the school gates with a kiss and a hug. I didn't want to play with her when she came home or take her on adventures at the weekend.

When Jen was five, she was a bridesmaid at a wedding and wouldn't leave the side of the best man, James, now 26. When she asked him to dance a second time, I apologised profusely.

"It's OK," he smiled. "She's sweet." I liked the fact he was so good with Jen.

We started dating but I couldn't even confide in him about how I felt. None of my family even knew I was suffering from postnatal depression. If Jen fell over, I'd put

my arm around her but it was perfunctory. At bedtime, I'd tuck her in but avoid any real connection. I felt like the worst mum in the world but the guilt just added to the depression.

In 2011, a year after James and I met, we discovered I was pregnant with another little girl. I was so terrified I'd feel the same way about her, I eventually confessed



Penni and James married in July 2012, with Jen and Sophia as bridesmaids

Penni now enjoys time with both her daughters





## Reveal *real lives*

my feelings to him.

"I struggle to bond with Jen," I admitted. "I love her, but it's not an all-consuming, motherly love."

It was so hard to say but it immediately helped and James assured me it would be different this time.

My waters broke at 20 weeks and I was rushed into hospital. Every week I willed her to survive and by the time Sophia arrived at 32 weeks, in November 2011, I was overwhelmed with love and a desire to protect her.

I didn't want anyone to babysit Sophia. I barely even let James hold her. After 10 months, he insisted we have a date night. I called home every 10 minutes.

I knew Jen could see the difference and I wanted things to be better between us but it felt irreparable.

As she'd grown up, she'd become just as girly as me. We both really enjoyed dressing up and having our nails done. But something was holding us back from connecting.

Then, last year, we watched the reality TV show about child beauty pageants, *Toddlers & Tiaras*, and something changed. "I'd love to do that, Mum," Jen said, as she watched the girls waltz down the catwalk.

I loved the glitter and glamour too, so we decided to enter Jen into a local pageant. We spent our evenings planning her outfits. Jen would practise her entrance and we'd giggle as she shimmied around the living room. It felt effortless for the first time.

As the day neared, I booked a hotel room. It was a weekend just for us and we were both so excited. I painted Jen's nails and curled her hair. We swapped opinions on hairstyles and pretty dresses.

I didn't care if Jen won, I just wanted her to have fun. But she stormed the show, coming home with crowns and sashes. As she came off the stage, she ran into my arms and we hugged. Not a forced, self-conscious hug, but a proper one. I finally felt like Jen's mum.

We'd hardly left the building when she asked me when she could do another pageant. You might think it was about the tiaras or free goodie bags, but we both knew that there something more going on.

"It's our time, isn't it Mummy?" Jen says of pageants when we stay in a hotel to get ready the night before.

It seems crazy to think a pageant show could repair the damage between us, but our relationship has blossomed.

It's hard for me to admit what Jen and I have been through and you might think I don't deserve her. Jen is amazing and has a great relationship with Sophia, never taking what I lacked out on her sister.

I've always made sure Jen understands what depression is, so she knows it wasn't about her. It was a chemical imbalance in my brain, and I'll spend the rest of my life showing Jen I love her with every little piece of my heart.'

Kim Willis

Photos Page One





# IS AMY MORPHING INTO LAUREN?

She's known for her red hair, but Amy Childs (right) has now gone for a sophisticated 'do, and is a dead ringer for ex-TOWIE co-star Lauren Goodger.

She tweeted: 'I absolutely love my new colour and extensions', and pared down her normally heavy make-up to match her natural hair.

But it wasn't just her makeover receiving attention, as critics also pointed out Amy's lips appeared noticeably plumper. Speaking about her surgery 'obsession' and having fillers in her lips, Amy, 24, told ITV's *This Morning* last year: 'I must admit when I first had it done I looked in the mirror and thought, "You look really good." And then I got addicted and I looked and thought, "What have you done to your face?"'

But despite her doll-like appearance, a representative for Amy denies she's had any lip fillers 'recently'. Meanwhile, the hard work Lauren's been putting in at the gym is clearly paying off, as she looks slim and healthy.



## HARRY'S A ROYAL LAUGH

Prince Harry usually leaves serious royal duties to his older brother William. But showing he's got his own appeal as he arrived in Canberra, Australia, on his final Army deployment, Harry, 30, took photos with the crowd and kissed a granny! The eligible bachelor spotted a fan banner saying 'Redheads rule' and told Ethan, 12: 'It's awesome to be a redhead.' Harry banned selfies though, telling a teen: 'I hate selfies. I know you're young, but selfies are bad. Take a normal photo.'



## SURF'S UP

If we were Miley Cyrus, we'd be kicking ourselves right now. Because her ex-fiancé, *Hunger Games* actor Liam Hemsworth, 25, showed her exactly what she's missing when he emerged topless after a surfing session in Malibu. As well as his fit bod, the Aussie star's rugged beard and piercing blue eyes mean it's probably the only time in our lives we've wished we were a surfboard.



# LOOKING JAH-MAZING!

Ahead of his pop comeback, 2012 *X Factor* runner-up Jahméne Douglas has debuted one epic transformation on Twitter.

On the TV talent show, the 24-year-old won over the nation, and former mentor Nicole Scherzinger, with his nervous giggle and awkward grin despite losing to James Arthur three years ago.

But now shy Jahméne, who had a No.1 album with *Love Never Fails*, has ditched his mummy's boy image for good.

With a new curly crop and cheekbones to rival Kim Kardashian West, he could easily be mistaken for 80s pop sensation Prince – and his female fans are suitably impressed by his new look.

'You're too beautiful,' one fan tweeted, while another added: 'You're looking proper sexy with your new hair'.

Looks like Nicole may have to compete for his affections with hundreds of women from now on...



Twitter/@JahmeneDouglas

## FRENCH FANCIES

*They speak the language of love... and now it seems a French boyfriend is the accessory du jour.*

Kelly Brook is the latest in a string of famous faces to fall for their Gallic accent and impeccable style, after reportedly growing close to her judo instructor Jeremy Parisi, 35.

The model-turned-actress, also 35, who is currently starring in US sitcom *One Big Happy*, follows the likes of A-listers Scarlett Johansson, Mary-Kate Olsen, Halle Berry and Cheryl Fernandez-Versini – who have all taken a fancy to, and, apart from Mary-Kate, married their French fellas.

With this impressive track record, there could be wedding bells yet, Kelly!



Mary-Kate Olsen and French boyfriend Olivier Sarkozy



Hollywood couple Halle Berry and Olivier Martinez



Cheryl with French hubby Jean-Bernard Fernandez-Versini



Jeremy Parisi (left) with Kelly on a night out with friends

Photos: Getty Images, Instagram, Rex Features, Twitter, Splash News, Xposure

Lauren Hills



# Get summer WITH THE TOWIE

With their annual trip to Marbella just around the corner, the TOWIE girls are on a health and fitness kick. Lydia Bright, Ferne McCann, Lauren Pope and Georgia Kousoulou share their diet and workout secrets

## LYDIA BRIGHT, 25 SQUATS, AB EXERCISES AND A LOW-FAT DIET

**I** always eat healthily and I've never liked junk food, but I make more of an effort in the run-up to a holiday. I cut back on calories and train harder. I have poached eggs on toast for breakfast, for lunch it's rice and chicken, and for dinner the same sort of thing, or fresh fish or seafood. I do eat carbs, but I don't like to overindulge and I'm not really a snacker.

'Because my diet is so good, I don't need to do too much cardio. I train three times a week at the gym and do a lot of squats and ab work with weights, lots of toning exercises. If I overdo it with cardio, I get too muscly. Plus, I hate it – it's not fun to me. I tend to go to the gym on my own. If I go with friends, I mess about too much and don't get anything done. Motivating yourself to go is the hardest part – once you're actually there, it's fine.'

**TIP**  
'Stick a picture of your fitness idol on the fridge to motivate you to go to the gym. Mine are the Victoria's Secret models.'



## TIP

'For all-over weight loss and to combat bloating, cut out booze for a month. I did it and it made an amazing difference to my body, skin and mindset.'

## FERNE McCANN, 24 NETBALL, CARDIO AND HOME-COOKED FOOD

**P**laying netball once a week for 80 minutes is actually really competitive, doesn't feel like training and is loads of fun. I also workout with a personal trainer twice a week. We do a lot of boxing and interval training – I like the cardio buzz. I like a class called Metafit too. It's only 25 minutes, but it's 25 minutes of hell. It's really intense cardio.

'I have a healthy, balanced diet, but I do like to treat myself and I fall off the wagon all the time. If I'm slightly hungover, I will order a Chinese takeaway. If I go out with the girls, I'll order the bread basket with butter. I'm not that strict, but I love to cook, so I know everything that's going into my food.'

'Of a morning, I like to have a load of berries, granola and Greek yogurt with manuka honey. For lunch I'll have a sandwich, because if I don't, I end up bingeing. I like nuts, bananas and Nakd Bars for snacks.'

'For dinner I always go all out. I like to make a healthy curry and I love fish.'

'I'm not a big meat lover, but I fainted once and found out I was low on iron, so I take tablets for that rather than eat loads of meat.'





# ready E GIRLS



To read the girls' holiday essentials and what they're packing for Marbella, head to [reveal.co.uk](http://reveal.co.uk)



Reveal celebs

## LAUREN POPE, 32 PILATES, WEIGHT TRAINING AND A STRICT DIET

**I** try to work out three or four times a week. I do Pilates and weights. I'm not a huge fan of cardio, it's too much of an effort. I don't struggle to lose weight, but I have looser areas that I have to tone. I never admit my problem areas. I think if you point them out, people will notice them!

'I eat really well. I've got a Nutribullet, which blends things, so I have a smoothie in the morning. I mix porridge oats with frozen fruit, loads of nuts and almond milk. For lunch, ideally I'll have chicken or fish with brown rice or sweet potato and veg.

'Dinner is pretty similar. I try to stick to chicken, fish or turkey, then veg and brown rice. I really enjoy my breakfast smoothie, though – if I need a sweet fix at night, I'll have a smaller version of that. And I love dark chocolate, too.

'When I see how my body looks when I don't stick to a diet, it gives me motivation to eat well. Plus, I'm in my

thirties, surrounded by a bunch of twentysomethings on *TOWIE* – that tends to motivate me!

### TIP

'Set a strict time to go to the gym each week, otherwise it's easy to let the week pass you by without making the effort to go.'

## GEORGIA KOUSOULOU, 23 BODY PUMP CLASSES, GYM SESSIONS AND A NORMAL DIET WITH TREATS

**C**rash diets don't work for me – it's all about the gym. Even when I'm dieting for Marbella, I still have my Chinese takeaways and I never cut out carbs. I love my food, so it's more about working out for me.

'As long as I'm going to the gym and doing Body Pump classes, I can maintain my weight. Body Pump is great, because it uses every muscle in my body and you do about 300 squats, but you don't realise you're doing it – it burns 400 to 500 calories. I do two classes a week and try to go to the gym every day.

'For breakfast, it's porridge or a slice of toast with peanut butter

and a cup of tea. For lunch I love sushi or a nice chicken wrap, and for dinner a lovely stir-fry. For protein, I snack on chicken or halloumi to build muscle. And I still treat myself to a Nando's or whatever I fancy, because I burn so many calories at the gym.

'I was never into fitness, but once I started on *TOWIE*, I needed to maintain my figure. I enjoy it now. When you're in the zone, it's fun. I feel so good afterwards – exercise releases endorphins, so you feel fantastic.'

Kelly Jenkins

### TIP

'Go to the gym with friends. It's a right laugh and you can go for a healthy lunch afterwards.'

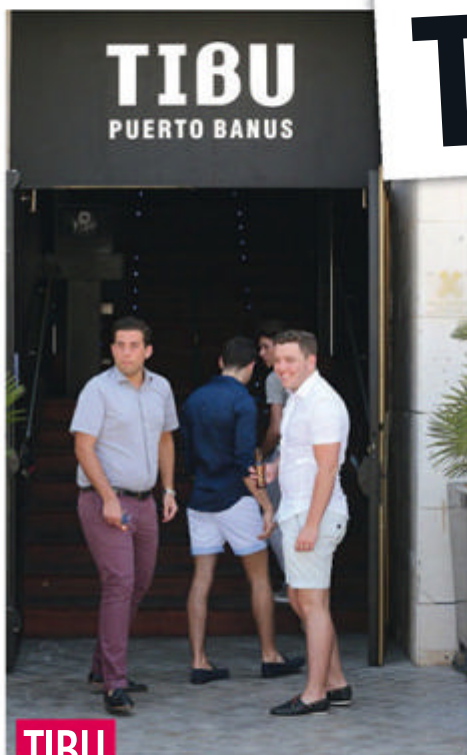
**The Only Way Is Marbs** fragrance will be available from The Perfume Shop and Superdrug at the end of April





The TOWIE stars are on their no-carbs-before-Marbs diets before their annual trip to the Costa del Sol. Check out our guide on where to hang out in the Spanish city's cool clubs, top restaurants and fabulous beach parties

# THE ONLY WAY IS



## TIBU

The jewel in Marbella's clubbing crown is Tibu – of which Arg and Diags (above) are fans. The venue is also home to restaurant Infuschia so you can line your stomach before hitting the dancefloor – Lauren Pope's known to take to the DJ booth. Book a table for their Friday night parties. [tibubanus.com](http://tibubanus.com)

## NIKKI BEACH MARBELLA

Hit up party promoter Sintillate for the lowdown on the hottest events each week and to get on VIP guest lists. The annual White Party at this beachside club is the hottest ticket in town and packed with stars. James 'Lockie' Lock says: 'During the day I like Nikki Beach for a chill out. It's out of the way, away from the hustle and bustle.'

[nikkibeach.com](http://nikkibeach.com)  
[sintillate.co.uk/marbella](http://sintillate.co.uk/marbella)

## LA SALA

Sit back and soak up the hillside views over steak and seafood and live music at the sister restaurant to the Essex eaterie. You'll be in good company as regulars include Gemma Collins and Bobby Norris. There's even unlimited cava at lunch on weekdays! Bobby says: 'The food is amazing and they do the best strawberry daiquiri.' [lasalabanus.com](http://lasalabanus.com)







## SISU BOUTIQUE HOTEL

Need somewhere to rest your head after all that partying? Look no further than this glam boutique bolthole. Go all out by upgrading to a Jacuzzi party suite and while you're there, hit the shisha lounge and jacuzzi cinema to keep you entertained. The poolside is the place to be by night.

[sisuboutique.com](http://sisuboutique.com)

# Marbs!



## GOLDEN TARTS

This *TOWIE* favourite is the only place to be between beach and bar if you're fighting the holiday frizz or in need of a glam makeover. The 'tarts' will work their magic and have you camera-ready in no time, like Jess Wright (left). And you'll be in good company as *all* the cast are regulars when they're in town.

[goldentarts.com](http://goldentarts.com)

## PANGEA

Get yourself on the guest list and soak up the atmosphere and the panoramic views from the swish roof terrace at this Puerto Banus hotspot. Join the Facebook page to hear about the infamous champagne spray parties. 'It's the best club,' Lockie tells us. 'It looks out onto the marina, so you know you're on holiday and not in a club in Essex.'

[pangea-club.com](http://pangea-club.com)



## OCEAN BEACH CLUB

Ocean Beach's famous white and silver party every May officially launches the summer season in Marbs. And from then there's a whole host of parties and events – some enjoyed by Jasmin Walia and pal Zoe (above). Book a bed with champers on ice or a signature mojito (there's 10 on the cocktail menu) to get the real Marbella experience.

[oceanclub.es](http://oceanclub.es)

Emma Hunt



**Reveal reader offer**

# FOUR-NIGHT BREAK TO MARBELLA IN JULY

only £332pp



Get away to sunny Marbella from only £332pp\* for four nights B&B

**M**ake like the stars of *The Only Way Is Essex* and get yourself over to Marbella for a fabulous week of fun in the sun. Located in the Costa del Sol region in southeastern Spain, Marbs enjoys one of the best climates in the country.

It has long been known as the playground of the rich and famous, and Marbella's vibrant atmosphere radiates sophistication and charm. Nearby Puerto Banus marina is one of the area's many hot nightspots, home to an impressive collection of yachts.

The area is also renowned for its golden beaches, having 24 of them and the impressive coastline stretches for miles. For those looking for an alternative to lazy days on the beach, how about a visit to the charming Old Quarter, which is home to narrow streets, bustling cafes, old city walls, churches and an intriguing Roman history? With a multitude of things to do, including a big party scene, it's no wonder this sunshine resort is a firm favourite.

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For more information and to book visit [topbreaks.com](http://topbreaks.com) and enter code RVL15AGP in the search box or call

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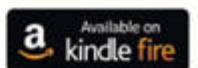
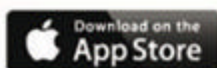




# REVEALED GOSSIP GOOD ENOUGH TO SHARE *at teatime*

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## THE DAD WHO'S SPENT £15,000 ON TATTOOS

**K**eith Gordon is an admin assistant, a dad of four and a loving husband to wife Lisa. However, people are often so intimidated by his appearance that they cross the road to avoid him because of the tattoos that cover not only his whole body but his face as well.

When he married Lisa, who is from the Philippines, his skin was clear. However, in 2008, after six years of marriage, he got his first tattoo – the start of a nine-year journey that has cost him an eye-watering £15,000 and has led to him being one of the most tattooed men in the country.

Keith, 58, has the words Satan and Jesus tattooed onto his eyelids and skulls and wolves on his arms – among many, many others. He puts his love of inking down to the OCD he suffers from, saying: 'It makes me focus on things to the point where they occupy me 24/7. I just want more and more of the drug and that drug is tattoos. Tattoos are a drug.'

However, not many people are as obsessed with his look as he is. In particular, Lisa wishes he hadn't altered his appearance in the way he has as her husband is now the subject of stares and hushed whispers whenever they leave the house in Romford, Essex. 'I wish it was just a mask. A mask he could take off,' she says firmly.

After living in the same neighbourhood for 10 years, the family are trying to move to a new area – and are facing a lot of problems. With one neighbour comparing Keith to the 'grim reaper' and another predicting his new neighbours will 'probably give him a wide berth', it seems that the move might not be easy.



## THE 'MODIFIED' GIRL WHO CAN'T FIND LOVE

**W**hile lots of twentysomething girls worry about finding love, Torz Reynolds believes she has a special reason she won't find Mr Right – her unusual appearance.

The body piercer has spent the last 20 years drastically altering the way she looks with numerous tattoos, piercings and – perhaps most shocking of all – having her tongue split.

Torz, 28, started her body modifications when she was just eight years old, when she begged her parents to let her have her tongue pierced. 'Obviously they are not going to let an eight-year-old get a tongue piercing, so they compromised on a nose piercing at eight and a navel piercing at 10,' she says.

Since then, she believes she has 'found' herself through her

modifications and says she won't be stopping soon: 'I'm not even remotely covered yet. This is nothing. When I run out of skin, I'll have to stop, I suppose.'

The singleton, who lives in Colchester, Essex, has always been unlucky in love and, despite having four boyfriends' names etched onto different parts of her body, things have never quite worked out.

She has since had one name covered and another, on the inside of her lip, eventually faded. However, the other two she cut from her skin and gave back to the men in question.

So, after being single for 18 months and not having been asked on a date in more than a year, she's determined to find not just someone who will accept the way she looks, but who will embrace it.





# Tattoos

## HAVE TAKEN OVER OUR LIVES

One in five British adults has a tattoo, while many others have piercings. But here, we meet three people who have taken their body modifications to the extreme...



### THE MAN WHO CHANGED HIS NAME TO BODY ART

**M**atthew Whelan is truly dedicated to the tattoo cause. Not only has he covered his whole body in etchings – including having his eyeballs stained, a huge snake drawn around the crown of his head and his penis inked blue – he has also sliced both of his nipples off to create a smoother surface for his markings.

Not only that, but Matthew has renamed himself King of Inkland, King Body Art, The Extreme Ink-It. Or, if you were wondering, Body Art for short.

'I'm covered in body art, so why not look like body art by being a body art?' is how the 35-year-old from Birmingham explains why he changed his identity.

But although he feels more like the man he should be by 'abandoning' his previous name and changing his look so radically, it is clear it has left his parents

devastated. 'He knows I've never understood it. And I can't come to terms with it. I've accepted it, with the help of your mum,' says dad Patrick. 'But I'll never like it. And I can't understand the name thing. I should be able to call you Matthew.'

It's no wonder they worry about their son. Body Art – who's splashed £30,000 on his tats – is open about the fact that his extreme inking incurs some extreme responses. He's been verbally abused and was slashed with a knife on the doorstep of his home, an incident that nearly killed him.

Now, the entrepreneur and Birmingham City fan wants to start his own business. But will his appearance make him stand out from the crowd for the right reasons or will it stand in the way of success?

*Sarah Whiteley*

**2,000 Tattoos, 40 Piercings And A Pickled Ear is on C5, Tuesday 14 April, at 10pm**



Amber picks

# VOLUME BOOSTING

# hairsprays



Locks looking limp? Craving extra oomph? I enlist a pro hairdresser to help uncover the best volumising spritzes. Check out the buys that send hair sky-high!



Independent hairdresser Sheila Ryan is the founder of Aroma Hair and Beauty salon in Farnborough, Hants (and mother of Blue's Lee Ryan!). She asks her clients to test these volume injecting buys.

Won't zap your shine

**Color Wow Raise The Root Thicken + Lift Spray, £16.50**

'I found this gave a nice fine mist that distributed easily and didn't leave hair feeling wet. Unlike most volumising sprays, which have a matte finish, it actually delivered a lovely gloss. Its thickening powers were really impressive – it'll make fine hair more manageable.'



Natural-looking body

**Dove Oxygen Moisture Root Lift Spray, £6.99**

'I love everything about this! The packaging is genius with a nozzle that lets you direct it right into the roots for oomph that lasts all day. It's invisible on all hair colours and feels silky without a hint of stickiness. A good pick for dry hair types.'



**Charles Worthington Volume & Bounce Texturising Spray, £6.99**

'This didn't give much volume but it's great for adding grip to just-washed hair. It'll give guts to a bun or stop a ponytail looking limp. I found it was great on short, layered hair too, helping to enhance the texture and make things look a little bit more undone.'



Fab choice for curly locks

**Bouffe Hair Thickening Spray, £5.99**

'A great one for hair types that have body at the ends but need a helping hand at the roots. It felt a little drying but the backcombed effect it gave was worth it! The volume didn't drop after an hour or so and it still looked great at the end of the day. It leaves a slight tinted film so make sure you pick the right shade for your hair – there are six to choose from.'



**Batiste Heavenly Volume Dry Shampoo, £3.99**

'It's good value for money and ideal if you need to liven up your locks for a little post-work boost. It's the chalkiest of the bunch – good if your hair is a bit greasy – but I wouldn't recommend it for dark tresses.'



Speedy refresher

Helps you style an updo

As part of our #BeautyUnbound campaign, we've got even more beauty content online. Head to [reveal.co.uk](http://reveal.co.uk) for Michelle Keegan's big hair tricks





"My bedroom's  
my backstage.  
Life's my  
runway."



## NEW RUNWAY COLLECTION CREATION HAIRSPRAYS

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**Reveal style**

Top, £40, and skirt, £40, asos.com

Necklace, £12.50, Miss Selfridge

Bracelet, £12.50, Miss Selfridge

Ring, £7.50, Topshop

# Chelsea Girl

Move over Millie Mackintosh, there's a new Made In Chelsea fashionista. Sophie Hermann tries out 70s style and shares her high street picks





## FACT FILE

**AGE:** 28

**DRESS SIZE:** 6

**HEIGHT:** 5ft 2in

**OWNS HOUSES IN:**

London, Ibiza and Munich

**FASHIONISTA**

**CREDENTIALS:**

Used to be a fashion designer with her own label. Her grandmother founded Mustang jeans

**PET:** Mr Sphynx, a pedigree hairless cat – Sophie's allergic to cat fur

**HIGH STREET**

**FAVOURITES:** Topshop,

asos.com and

freepeople.co.uk

**INSTAGRAM**

**FOLLOWERS:** 70,000

**MOST LIKELY TO SAY:**

'I'm not seasonal, I'm a timeless classic.'

› Dress, £45, asos.com

› Sandals, £52, Topshop

› Earrings, £6, Accessorize

› Ring, £12 (pack of two), River Island

› Bracelets, £6, River Island





» Dress, £25.99, Zara

» Bag, £50, River Island

» Necklace, £6.50, Dorothy Perkins

» Bracelet, £8.50, Miss Selfridge



» Dress, £38, asos.com

» Boots, £150, Topshop

» Belt, £3.99, New Look

» Necklace, £12.50, Miss Selfridge

» Transfer tattoo, Seekers of the Sun





› Dress, £42, asos.com

› Hat, £28, River Island

› Tassel bracelet, £10, Topshop

› Coral bracelet, £8.50,

Miss Selfridge

› Boots, £38, asos.com

# Sophie's picks



› Flares, £28, Next



› Earrings, £8, Accessorize



› Waistcoat, £18, George at Asda



› Dress, £13, Primark



› Top, £10, Primark



› Top, £29, laredoute.co.uk



› Shorts, £32, Miss Selfridge



› Sandals, £35, Marks & Spencer



› Sunglasses, £4, Matalan



› Bag, £14, F&F at Tesco



Reveal *beauty*

# New fuzz fighters

Faster, smoother, smaller – hair removal's got smart! From a waxing kit that's exactly like a salon's to the teeniest travel razor, these are the buys worth shouting about

## The 'smooth & bronze' rules

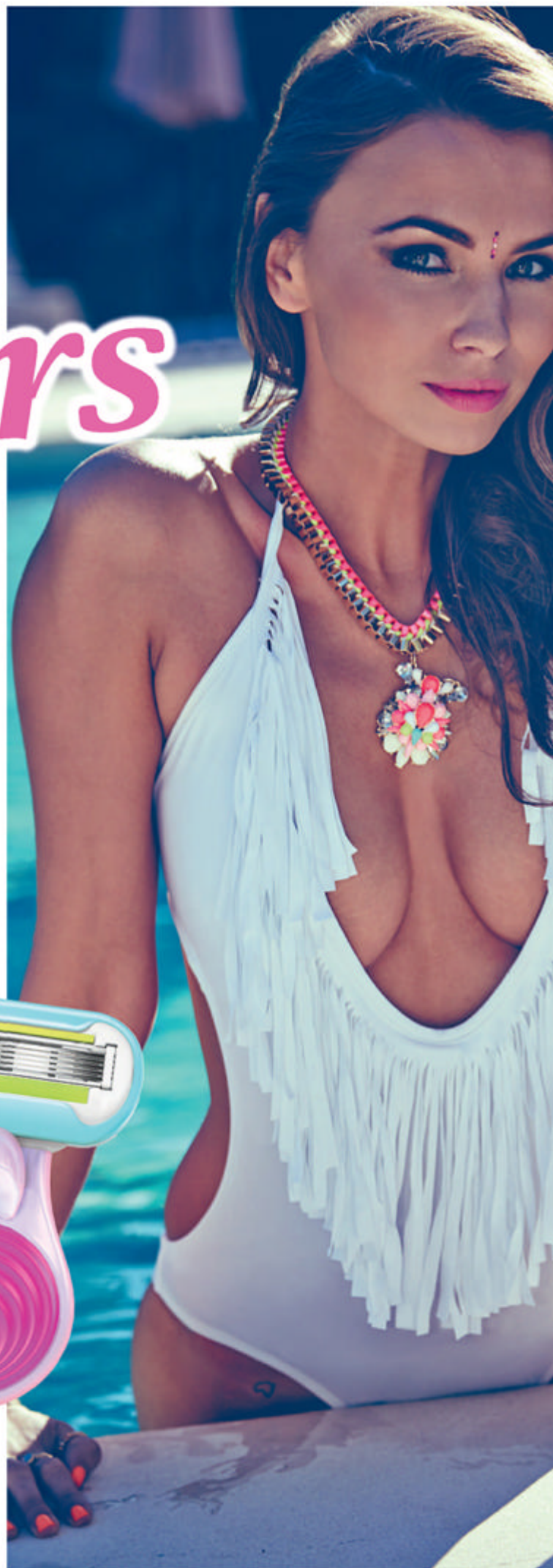
**W**axing should be done 48 hours before fake tanning. Shaving or hair removal cream application should be done 24 hours before,' explains Rosie Huntington-Whiteley's spray tanner James Read. 'If you have to fight fuzz after tanning, use an epilator as it won't strip your colour as much,' he adds. But steer clear of a faux glow altogether if you're going for IPL (intense pulse light) treatment. 'The laser will be attracted to the darker skin tone which could lead to burning,' explains Dr Barbara Kubicka, a hair removal expert with a clinic in London's Knightsbridge.

### DISPOSABLE RAZORS WITH A DIFFERENCE

Say bye-bye to redness and shaving rash because travel-friendly razors have gone all skin-friendly. **Wilkinson Sword Xtreme 3 Beauty Sensitive, £4.49 for four**, boasts a lubricating strip with aloe and jojoba. If you still can't get to grips with throwaway razors, you'll prefer **Venus Snap with Embrace, £9.99** (right). The head can be replaced with ordinary blade refills, it's just a shrunken version of the original. Genius.

### MEGA POWERFUL HOME LASERS

For long-lasting smoothness, especially on your face, you can't beat IPL treatment. Just ask Kim Kardashian West who recently 'fessed to having laser all over her body, including the baby hairs around her forehead. Most effective on fair women with dark locks, it blasts hair at the follicle, making it more sparse over time (results start to show after three treatments). Not prepared to pay thousands in a clinic? The new **Remington i-Light Reveal, £199.99, Argos**, is the most powerful home device on the market. It features a special sensor that indicates if your colouring is suitable, and a smaller head that's perfect for face, bikini line and underarms.





## SALON WAXES IN YOUR BATHROOM

The vanilla-scented strips and nifty how-to guide make the new **Sweetease Leg Waxing Kit, £4.99 for 20 strips, Superdrug** (below), the best choice for newbies. Not a first-timer? Say hi to the revolutionary **Veet Spawax Stripless Wax Warming Kit, £39.99, Boots** (above), that lets you use the same hot wax method found in salons. Simply pop the wax discs in the self-warming pot, wait for them to melt within 30 minutes, then apply. To remove, pull off the wax once it's firmed on the skin (this takes a couple of seconds). The advantages of using a strip-free technique? It's easier to work around the curves of your body, even super-short hairs can be zapped and it's way less painful!



## NIFTY ROLL-ON REMOVAL CREAM

If you're a depilatory cream fan, you'll love **Nair Argan Oil Bikini and Underarm Glide-On, £5.10** – one of the most faff-free hair removal creams we've ever tried. There's no need to bother with sponges or spatulas, simply roll it on, leave for five minutes then rinse off. It's part of the brand's special argan oil range so skin's left moisturised too.

## SUPER SPEEDY EPILATOR

**Braun Silk-epil 9 Epilator, £149.99, Boots** (below), is a snazzy upgrade of its best-selling predecessor. The head's wider (to target more hairs in one stroke) while the improved tweezer action is more effective at whipping out strands. It's available to buy on its own or as part of the **SkinSpa set, £179.99**, with a detachable exfoliating body brush head.



## HAIR-BANISHING SERUM THAT REALLY WORKS

A potion that makes body hair grow more slowly sounds too good to be true. But **Inhibitif Body Serum, £18**, designed to be applied twice daily, has received impressive reviews from testers on boots.com. 'My hair is definitely finer and not as noticeable. I don't have to wax as frequently now,' explains one user. Having launched two years ago, the formula's improved. It's jam-packed with hydrating ingredients so it feels extra pampering.

Head to [reveal.co.uk](http://reveal.co.uk) for more summer beauty prep secrets



A Reveal promotion

# Fresh Perspectives

Whatever your personality and lifestyle, the new Soft & Gentle Skin Science range has a deodorant to suit you...

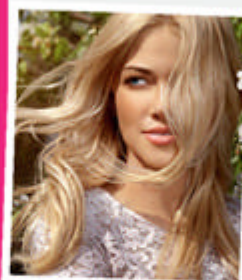
## Amber's GLAM TOUCHES



Amber is Reveal's celeb-obsessed beauty writer. She spends her time tracking down trends, testing products and has the stars' make-up artists on speed dial.

## Va-va-vintage

The 70s are back with a bang! Give a nod to the trend with metallics. Think bronze nails and gold liner.



## Ultimate wrinkle-fighter

Skin experts reckon daily SPF 50 is the best anti-aging weapon around. Pop a facial lotion under your make-up every day!

## Pap-perfect smoky eye

Camera flashes can wash out powder eye shadows. To make the colour show up pop a matching cream shadow on first.



Soft & Gentle Visibly Smooth is an anti-perspirant deodorant that reduces underarm hair. Genius! And this doesn't just help skin stay smoother for longer – it contains moisturising ingredients for long-lasting softness, too.

NEXT WEEK: LOOK OUT FOR MORE FRESH PERSPECTIVES FROM OUR GIRLS

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- › Shoes, £48, Schuh
- › Rings, £10, Dorothy Perkins
- › Clutch, £19, Accessorize

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## GEORGE AT ASDA

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£14



£18

Reveal  
steal



£12



- › Playsuit, £45, River Island
- › Shoes, £120, Topshop
- › Bag, £22, Topshop

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carry on,  
after all  
this?"

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Emmerdale!**

Chrissie is furious with Nicola in our clip  
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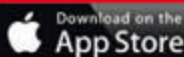
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# Dr Phil

TV's Dr Phil Hammond answers your questions and gives it to you straight on the big health issues

## LOYALTY THE BEST OPTION

**Should I use the same pharmacy for my prescriptions?**

*Nicola, Inverness*

If you're on lots of medications or have a long-term illness, it's a good idea to stick to one pharmacy as far as possible. A pharmacist who knows you can check your medications and symptoms, and may be able to spot and prevent dangerous errors like overlapping prescriptions or side-effects. As with the rest of health care, a team of people who know about your medical history, and who you know and trust works best.



## THE sex QUESTION

## LET'S GET IT ON...

**Kim Kardashian West says she's having sex 500 times a day to get pregnant. But is quality of sex better than quantity?**

*Mary, Hertfordshire*

I doubt anyone can have sex 500 times a day, even Kim and Kanye. If you're moody, tearful and exhausted, it reduces your chances of getting pregnant. We used to think if your cycle was regular and you knew what day you released the egg (day 14 of your cycle), you should have a big sex session that day. But it's hard to predict when the egg will be released and having sex on most days in the middle of the cycle is your best bet. But you need to relax and enjoy the sex.

**DR PHIL SAYS:** 'Spend 10 minutes a day really noticing something. It's good for your mind'

## WHAT'S IN YOUR WASTE?

**Is there such a thing as a perfect poo?**

*Nigella, Thanet*

Boffins at Bristol University published a poo chart with eight types of stool, ranging from rabbit droppings to diarrhoea. They concluded that a smooth but firm poo that slips out, coils around the pan and is pointed at both ends shows good internal digestion. Nuggets that are hard to get out suggest you're constipated and need more fluid and fibre. If you get a sudden change in your stools or frequency that lasts a fortnight, see your doctor.

## DODGING DEMENTIA?

**Can I do anything to stop dementia?**

*Sarah, Newbury, Berks*

Some unlucky people are genetically programmed to get dementia whatever they do, but there's also strong evidence that if you live a life that's good for your heart and happiness, it reduces your risk of the disease. This means eating well, taking plenty of exercise, socialising and keeping up hobbies that use your brain. Although more people can expect to get dementia as we live longer, more people in their eighties are reporting better health than ever before. The secret is to remain active and have a passion and purpose in life.

HAVE YOU GOT A QUESTION FOR DR PHIL? EMAIL HIM AT [dr.phil@revealmagazine.co.uk](mailto:dr.phil@revealmagazine.co.uk)

FOR DR PHIL'S TOUR DATES AND NEW BOOK, STAYING ALIVE, GO TO [drphilhammond.com](http://drphilhammond.com) Dr Phil regrets that he cannot reply to emails personally

FOLLOW DR PHIL ON TWITTER @drphilhammond



## SPINACH AND LEMON BAGUETTES

Makes one baguette Prep time: 15 minutes Cook time: 35 minutes

**F**ood blogger and *Take One Veg* author Georgina Fuggle writes: 'Sometimes homemade pastry is one step too far. This recipe is for those moments when you're motivated enough to make a picnic but have only the energy to buy a baguette. The lemon flavour sings and sits beautifully next to the spinach.'

### INGREDIENTS

1 baguette  
200g young leaf spinach  
200ml double cream  
2 medium free-range eggs, beaten  
1 garlic clove, crushed  
Zest of 1 large unwaxed lemon  
1tsp English mustard  
75g Gruyère cheese, finely grated  
Salt and freshly ground black pepper

### METHOD

➔ Preheat the oven to 180°C/160°C fan/gas 4. Halve the baguette, then hollow out

each half by cutting an oval from the top of the bread with a sharp bread knife.

➔ Remove the 'lid' and, using your hands, take out the inside of the baguette leaving a healthy amount of crust – you want it to be watertight!

➔ Boil a full kettle of water and put the spinach in a large sieve or colander. Pour over the water and allow the spinach to wilt. Set aside to cool.

➔ In a medium bowl, mix the double cream, eggs, garlic, lemon zest and mustard. Squeeze any excess water from the wilted spinach and put onto a board. Roughly chop and stir into the mixture along with half of the Gruyère. Season well.

➔ Spoon the mixture into each baguette half and sprinkle over the remaining cheese. Bake for 30-35 mins until the filling has just set. Allow it to sit for a few minutes until ready to serve, or wait until it is completely cold.



### TIP

You might find that your baguette is slightly skinnier or fatter than in the picture – just remove the centre and pour in as much filling as you are able. Any excess can be baked in muffin cases!

# FAST *feasts*

Take One Veg by Georgina Fuggle (Kyle Books, £15.99) is out now



Photography: Tori Hancock

The humble sandwich just got a delicious makeover with Georgina Fuggle's easy-to-make bread and veggie combos



## CHARRED ONIONS ON AVOCADO AND RYE

Serves 2 Prep time: 10 minutes Cook time: 5 minutes

**'S**ome friends and I visited Copenhagen for a weekend and ate the best rye bread I'd ever tasted. The backbone of many a lunchbox, Danish rye bread is made with rye grain. The bread's rich and heavier than you might expect so perfect to hold an open sandwich. Creamy avocado and slowly fried onion make a slice of rye fit for lunch.'

### INGREDIENTS

1tbsp olive oil  
1 red onion, sliced  
1 ripe avocado, roughly chopped  
Juice of ½ lime  
½ red chilli, deseeded and finely chopped  
½tbsp roughly chopped coriander, plus a few leaves to garnish  
¼tsp sea salt  
Freshly ground black pepper  
3 small slices of rye bread  
1 garlic clove, sliced in half

### METHOD

➔ Heat the oil in a large frying pan until hot and throw in the onion. Cook for 4-5 mins, stirring regularly, until it's just beginning to crisp and char. Don't stop cooking too early – a little crunch will add lovely texture.  
➔ While the onions are cooking, place the avocado in a bowl with lime

juice, chilli and chopped coriander. Smash with a fork and season with salt and pepper.  
➔ Toast the rye slices when you're ready to serve. Rub the garlic clove over the slices and top with the avocado smash. Spoon over your onion, followed by the fresh coriander.  
➔ Serve straight away.

Check out Georgina's blog at [fingertitcs.blogspot.co.uk](http://fingertitcs.blogspot.co.uk)



TRY IT NOW

"IT'S TRULY AMAZING"

Denise W, Telford



"NEVER TASTED ANYTHING AS GOOD"

Carol W, Bolton



"A REAL WINNER"

Connie M, Glasgow



"IT'S HEAVEN ON A SPOON"

Angela W, Stockport



"SO CREAMY IT'S SHEER BLISS"

Nicole S, home Hawaii, heart London





# BGT THE BACKS

Britain's Got Talent returned to our screens this week. We caught up with judges Simon Cowell, Amanda Holden and Alesha Dixon in London for all the juicy gossip



## ALESHA: 'CALUM IS FIT!'

Everyone likes a heartthrob to ogle in a TV talent show and Alesha Dixon's found one in 25-year-old singer Calum Scott from Hull.

Simon gave Calum the Golden Buzzer, which sends one act, and one act only, through to the live semi-final.

But Calum's 22-year-old sister Jade broke down in tears when she got four noes as she performed before her brother.

Explaining his decision to press the Golden Buzzer, Simon, 55, said: 'I felt the reaction from the audience and we got lost in Calum's performance. After what happened with his sister, it was magical.'

'Sometimes during the audition you get lost in a bubble and watch it back and go, "What was I thinking?" But with Calum, I'm glad I pressed the button and he's a really nice guy.'

And Alesha, 36, who is tipping Calum to win, blurted out: 'Plus he's fit! It always helps.'

## SIMON: 'DAVID'S DOING FINE'

Missing from the *Britain's Got Talent* launch at The Mayfair Hotel in London last week was fourth judge David Walliams.

The comedian skipped the event – perhaps to avoid questions about his recent marriage split – and flew to the Maldives for a holiday with fellow comedian Jimmy Carr.

A source said: 'Jimmy's a real rock. He's been a great friend to David over the years and is helping him through his tough time.'

While Alesha Dixon and Amanda Holden joked that David wasn't missed, Simon Cowell said: 'I spoke to him the other day. He's doing fine.'

David is said to be devastated after separating from his wife of five years, model Lara Stone, 31, last month. They have a two-year-old son, Alfred.

But as viewers saw in this week's first episode, David, 43, keeps up his humour during the auditions and is expected to be back on form when he returns for the live shows.

## Alesha's backing hottie Calum to win



## 'WE GET TOLD OFF A LOT THIS YEAR'

Simon likes to keep his shows fresh by regularly replacing the judging panel but the current BGT line-up has remained the same since 2012. And Simon likes it so much, he has no plans to shake it up. While the four judges get on well, they admit their mischievous behaviour can get them into trouble with the show's producers.

'We do get told off quite a bit this year – there's a lot of swearing!' says Amanda.

Simon jokes: 'When you're stuck with someone for 10 hours a day, you do get fed up with each other after a while – but overall, it's been fine.'



# TAGE GOSSIP

Simon wound Amanda up on Radio 1



**AMANDA: 'CHERYL'S NOT REPLACING ME!'**

Simon sure knows how to stir the pot with his ladies. Last week, he staged a stunt on Nick Grimshaw's Radio 1 show, telephoning Amanda Holden to tell her Cheryl Fernandez-Versini would take her place for the live shows.

While Amanda was taken aback by the 'news', she reluctantly agreed as Simon thought it 'best for the show.'

Then, realising it was a wind-up, Amanda screamed at Simon: 'You're bloody sick! Oh my God – I need a gin!'

Asked how she felt about Cheryl, 31, 'taking her place' on the show, Amanda,

44, laughed: 'No, she's bloody not! I feel really bitter towards Cheryl, and she doesn't even know anything about it!'

Simon explained: 'I did wind Amanda up and told her she was being replaced three days a week by Cheryl, because she's younger and knows more about music.'

Meanwhile, *BGT* fans will be pleased that presenters Ant McPartlin and Declan Donnelly aren't going anywhere.

Although *Britain's Got More Talent* presenter Stephen Mulhern offered to step in, Simon stood firm, saying: 'I still love working with Ant and Dec.'

Rebecca Greenow

## SOME EARLY FAVOURITES TO KEEP AN EYE ON



### CÔR GLANAETHWY BANGOR CHOIR

Amanda's favourite act – she's already tipping the 152-piece choir from North Wales to go all the way.

'I can smell lots of album sales, can you, Simon?' she asks, to which the multi-million pound media mogul replies, tongue-in-cheek: 'This show is not about commercial enterprise, Amanda. It's about giving back.'

### MISS WENDY, THE TALKING DOG

Simon's been looking for a talking dog for over nine years, and now he's finally found her.

Miss Wendy, accompanied by her Parisian owner Marc, speaks English, Spanish, French and 'cat'.

Simon couldn't wait to phone his partner, Lauren Silverman, to tell her his exciting news.



### MAX, THE DOG THAT HATES ANT

While the panel and audience cooed over terrier Max, the tiny, fluffy pooch took a massive dislike to Ant and couldn't stop attacking him.

We're still not sure what Max was actually supposed to do on stage, so he probably won't win, but he's comedy gold for us to enjoy.

### EMILY AND BILLY, THE ROLLER-SKATING SIBLINGS

Good-looking brother and sister Emily, 25, and Billy, 28, from Birmingham, had the audience wincing and gasping at some of their roller stunts. We reckon they'll end up performing in front of the Queen at the Royal Variety Performance.



### NARINDER, PLAYS THE COMB

Ant and Dec joined IT consultant Narinder, 42, on stage. Amanda, Alesha and David were also fans, so he's going to round two.

*Britain's Got Talent*, Saturday, 8pm, ITV1



# 7days

REVEAL'S CARENA CRAWFORD PICKS THIS WEEK'S TV HIGHLIGHTS

## JANE THE VIRGIN

Young Jane Villanueva (Gina Rodriguez) is studying to become a teacher, dreaming of being a writer and supporting herself with a job at a hot new Miami hotel. She has a slightly unrealistic view of romance and being brought up by her religious grandma watching telenovelas, has decided to remain a virgin until she's married. Her boyfriend Michael is supportive and understands her decision to save herself. But all of Jane's meticulous life plans are turned upside down when she's accidentally artificially inseminated! Faced with one of the most important decisions of her life, will pregnant Jane keep the baby?

**E4, WEDNESDAY 22 APRIL, 9PM**



### DON'T MISS

Diversity's Ashley Banjo is on a trip to find out about his hero in *Perspectives: Michael Jackson's Thriller With Ashley Banjo* on ITV. He'll discover all he can about the legend who inspired him to dance and in particular the famous *Thriller* album. Catch the documentary on Sunday 19 April at 10.15pm.

## SAFE HOUSE

Christopher Eccleston stars in this new four-part thriller about former detective Robert and his wife Katy (Marsha Thomason) who agree to turn their beautiful and remote Lake District guest house into a police safe house. Their first arrivals are a family in fear for their lives after being violently attacked by someone who claims to know them. For Robert it brings back memories and anxieties from a terrifying night when a star witness due to testify against her gangland husband was killed under his protection. As Robert starts to question the incident again, he's set to uncover a web of lies that turns his life upside down.

**ITV, MONDAY 20 APRIL, 9PM**



# CELEBRITY SQUARES



Warwick Davis returns to host a new series of the iconic game show of the 70s and 80s. Based on the classic noughts and crosses with a grid of nine boxes, inside each box is a celebrity who answers questions. The contestants have to say if they agree or disagree with the celeb's answer. If they're correct, they gain that square and if they acquire three boxes in a line, they win the round and prize money. Funnymen Tim Vine and Joe Wilkinson will each be housed in a square every week alongside a host of famous guests. *Take Me Out's* Paddy McGuinness, actress Michelle Keegan, gymnast Louis Smith, comedians Anna Crilly, Katy Wix and Rob Beckett, chef Gino D'Acampo and TV presenter Alison Hammond are taking part in the first show.

**ITV, SUNDAY 19 APRIL, 7.15PM**





## MUST-SEE

Téa Leoni stars as the newly appointed secretary of state Elizabeth McCord in new drama *Madam Secretary*. Starting on Sky Living on Thursday 23 April at 9pm, Elizabeth must deal with politics both inside and outside of the White House.



## MASTERCHEF

It's final week on *MasterChef* as the best five remaining amateur cooks complete the last few challenges in order to take the title. Over the course of the four episodes they'll be whittled down to just three. After taking on the Chef's Table challenge and impressing judges Daniel Clifford, Marcus Wareing, Francesco Mazzei, Andrew Fairlie and Anthony Demetre, it's then down to John and Gregg to pick a winner. Pulling out all the stops to demonstrate what sort of brilliant cooks they've become, which of the three will take home the trophy?

**BBC1, MONDAY 20 APRIL, 9PM, WEDNESDAY 22 & THURSDAY 23 APRIL, 8PM, FRIDAY 24 APRIL, 8.30PM**

# THIS WEEK'S SOAP HIGHLIGHTS

## EastEnders



### SAD FAREWELL TO STAN AND JIM

The Carters and Brannings are in mourning as they prepare to say goodbye to Stan and Jim. With both funerals planned for the same day, it's the Carters who gather first, but things are tense – will Dean spoil the day? When the Brannings arrive to bid farewell to Jim, they're stunned when Dot turns up with her prison officers.

**EASTENDERS, BBC1, MON & FRI, 8PM, TUE & THU, 7.30PM**

## CALLUM CATCHES DAVID

David uses what he knows about Andy to blackmail him into buying drugs and planting them in Callum's car. Callum arrives while Andy is in the middle of the plan and things take a turn. Andy tries to make out he was trying to steal Cal's car, but David bursts in and admits it was his set up. David runs away, but he's caught and Callum exacts his revenge.

## Coronation Street



**CORONATION STREET, ITV, MON & FRI, 7.30PM & 8.30PM, WED, 7.30PM**

## Emmerdale



### DEBBIE'S CHOICE

Ross tricks Debbie into helping him do an illegal job but the plan goes wrong and they get locked in a hotel room. Ross lays it on the line about what he wants from Debbie. Back home later, Pete's furious when he finds out Debbie was involved in Ross' dealings, and Debbie calms him down by proposing. But does her heart lie with his brother?

**EMMERDALE, ITV, MON-WED, 7PM, THU, 7PM & 8PM, FRI, 7PM**

## WILL LEELA MARRY ZIGGY?

It's Leela and Ziggy's wedding day, but Cameron kidnaps the bride-to-be. He tells her Ziggy and Tegan are in love and they talk about Sam and Danny's deaths, unaware the wedding camcorder is recording their conversation. With Ziggy torn over whether to choose Leela or Tegan, he decides to go through with the wedding, but will he be left standing at the altar?

## Hollyoaks



**HOLLYOAKS, C4, MON-FRI, 6.30PM**



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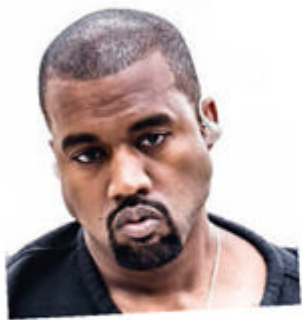
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## Reveal celebs



### FAVE... CELEBRITY?

I love Kanye West but I'm a little conflicted in my feelings for him at the moment. It's not dyeing Kim's hair blonde that did it, I think he's just got a little lost. Sometimes the things he says come out in the wrong way. He should just let his music do the talking.

### JOB?

Working on *Glee*. There were all kind of dirty jokes on the set. We were in our late teens so there was lots of flirting too!

### COMEDIAN?

I have to say Seann Walsh, my co-star on *Virtually Famous*, don't I? My mum would agree. When she met him, she went red and wouldn't stop talking about how funny he was. I've never seen her hit on anyone before!

### MEMORY?

During the last day on *Glee*, I went to the top of the sound stage and tagged the wall with graffiti. I stole my character Artie's wheelchair too. It's in my room at home.



### TV CHARACTER?

Claire Underwood from *House Of Cards*. This series for her was a standout. Kevin Spacey is amazing and we all know he's insane and so good, but this was her season. She's just a badass, and terrifying. She's the Beyoncé of TV.

### BOOK?

I just read Philip Pullman's *His Dark Materials* and I loved it. I know I'm a little late on this one but I'm like a teen girl when it comes to literature. I really like *Ender's Game* by Orson Scott Card, too.

# Love it!

**Kevin McHale**, 26, reveals his love/hate feelings for Kanye West, what he's stolen from the *Glee* set, and his mum's crush on new co-star Seann Walsh



### SWEET TREAT?

Chocolate mousse. If there's chocolate mousse in anything or involved somewhere in it, I will eat it. I just love chocolate. I'm not opposed to a straight up chocolate bar either.



### DESTINATION?

I go to Brazil every New Year and that's by far my favourite. I'm lucky enough to have friends who have a house on the beach there and we all dress in white, dance and drink. The US really sucks at New Year. We do Christmas well, but we always botch New Year. Who wants to just watch a ball drop in Times Square in the freezing cold?

**Virtually Famous is on Mondays at 10pm on E4**



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